STILL SHOPPING? HOLIDAY GIFT IDEAS, PG 20



www.makiedmonton.com





Programs for the disabled cut: Wildrose

SERVICES The Wildrose Alliance Party says the Alberta government is quietly trying to cut programs for the disabled to save money. Member of the legislature Paul Hinman says 16 groups have received no-tices of funding cuts.

The groups affected include the Alberta Association for Community Living. Wendy McDonald, president of the association, says the Stelmach government is going after the most vulnerable people in Alberta and their families.

Hinman says other groups facing funding cuts include People with Developmental Disabilities, Calgary Society for People with Disabilities and the Developmental Disabilities Resource Cen-

THE CANADIAN PRESS



Cpl. Gary Hollender is greeted by his daughter Sarah Hollender and granddaughter Mackenzie Hollender, 2, yesterday at the Edmonton International Airport after returning from a nine-month deployment in Afghanistan as part of the Canadian Police Mission. Story, page 3.

News on the Maye

What's this barcode for?





Protests rage over climate

On the web Visit metronews.ca for news updates

Pressure on Canada

Nations hope climate will feature in G8, G20 summits

Go

Canada faces international pressure to feature climate change as the centrepiece of next year's G8 and G20 summits, as climate negotiations in Copenhagen stumble.

Prime Minister Stephen Harper joins fellow leaders in the Danish capital today in an effort to reach an agreement that might pave the way for a binding international treaty, still many months away, to reduce greenhouse gases.

After the meetings wrap Friday, the climate-change baton will be passed to Canada, which hosts the next major international meeting on the global agenda: The G8 summit in Huntsville, Ont., in late June and the larger G20 gathering immediately after in Toronto.

British diplomats in Canada are pushing a climate-change agenda, and expectations are high in Western diplomatic circles that Canada will use its G8 presidency to take environmental leadership — even though the Tory govern-

Calgary sit-in

 Protestors staged a sit-in at Harper's constituency office in Calgary yesterday in hopes of prompting the PM to take action on climate change. At one point nearly 20 people gathered in the hallway of his Glenmore Landing office.

ment has been vilified by environmentalists as a cli-

mate-change laggard.
"Climate change, especially in the post-Copenhagen era, might be the natural topic to come up at

the G8 and G20 summits next year," said Sabrina Schulz, the climate security team leader at the British High Commission in Ottawa. "However, it will be the Canadian government setting the agenda, so it's up to the Canadians to decide to what extent they want to include climate change."

Environment Minister Jim Prentice said yesterday he hopes a full international treaty can be negotiated within six months, but acknowledged it could take as a long as a year.

THE CANADIAN PRESS

Khadr, 100 others to be transferred to Illinois jail

TERROR TRIALS Canadian Omar Khadr will be among about 100 Guantanamo detainees who U.S. officials say will be transferred to a prison in rural Illinois, but his lawyers say they aren't celebrating. Khadr, 23, was to be told

the news yesterday.

Nathan Whitling, Khadr's lawyer, said officials at the Pentagon have

confirmed that Khadr will be sent to Thomson Correctional Centre sometime next year. "People



seem to think that this is an improvement and it is not. It is the same kangaroo court that they have in Guantanamo. They are just moving it somewhere," Whitling said. He added Khadr may not be transferred before his trial, which is set to begin in July, on charges that he killed an American soldier in Afghanistan in 2002. A hearing to determine what evidence can be entered at the trial will begin in April.

Whitling said living conditions at Thomson, which is to be upgraded to a maximum-security prison, will not be better than conditions at the detention facility in Cuba. In fact, he

said, they could be worse. And Khadr will still face trial by a military commission instead of a civilian court. THE CANADIAN PRESS

Fido Cares

We give you FidoDollars so you can get your next phone for less.





United Cycle

7620 Gateway Blvd. N.W Edmonton, Alberta 780.433.1181 1.800.361.8776 unitedcycle.com

Holiday Hours

Friday December 25th Closed Saturday December 26th Closed Sunday December 27th Closed Monday December 28th 9:30am to 6:00pm

Tuesday December 29th 9:30am to 6:00pm Thursday December 24th 9:30am to 3:00pm Wednesday December 30th 9:30am to 9:00pm Thursday December 31st 9:30am to 3:00pm Friday January 1st Closed Saturday January 2nd 9:00am to 5:30pm Sunday January 3rd Closed

Local



Beatles tribute concert returning

The award-winning Beatles concert RAIN — A Tribute to the Beatles, returns to Rexall Place for one show only on June 2 at 8 p.m. RAIN boasts a repertoire of nearly 200 Beatlemaniac favourites, ranging from beloved songs such as Yesterday and Hey Jude to classic hits including Revolution and Come Together. Tickets go on sale Friday at 10 a.m.



m.metrenews.ca



Scan this barcode for more Local news on your smartphone. Learn how to scan the barcode with the instructions at the top of this page

Edmonton tweets

• @ richdocekal Building a panreligious in network #yeg to voice spiritual

opinions and concerns regarding current events. Reply for info. #yegreligion @ CarmenPR Anybody

know where I can drop off a toy in #yeg I have for Santa's Anonymous?

• @ theflashjam LIVE New Years Eve @ Prohibition in Edmonton(110St & Jasper)! With guests Hostile Hero & Organic Orbit. Tickets only \$15! #vea #newyearseve



Blogs Just in time for your holiday shindigs, Backbeat counts down his Top 10 drinking anthems



Lotto 6/49: 4, 22, 23, 46, 48 & 49 Bonus 18 These results are not official

ADVERTISE TODAY! 1 888 91 metro (63876)



Marc Mayer, director of the National Gallery of Canada, was on hand yesterday to help announce a first-of-its-kind partnership with the Art Gallery of Alberta.

Alberta gallery teams up with national exhibitor

SunnySide

CANDICE WARD

COLLECTIONS Although the ceiling of the Sistine Chapel will not be coming to Edmonton anytime soon, Albertans can expect to see some notable Canadian and international art in the new

The Art Gallery of Alberta announced a first-of-itskind partnership with the National Gallery of Canada yesterday, promising to expose Edmonton to works drawn from the NGC's collections.

groundbreaking partnership will allow the AGA to bring unique exhibitions of art from around the world that have been collected with the vision of our nation's capital art museum to Alberta," said Catherine Crowston, AGA deputy director and chief curator.

The first featured exhibition is already set for the opening of the gallery on Jan. 31 with Francisco Goya: The Disasters of War and Los Caprichos.

The AGA will open its doors by offering free admission for the first two days, with tickets available on the AGA website.

Mountie back home

Corporal risked life while reforming Afghan police

CANDICE WARD

The fear of roadside bombs and landmines is no longer a concern for one local RCMP member after landing at the Edmonton International Airport yesterday.

Cpl. Gary Hollender re-joined his family in an emotional reunion after his nine-month deployment in Afghanistan to assist in reforming the Afghan National Police as a part of the Canadian Police Mission came to an end.

"You see small changes. You may not see them that day or that month, but I was there nine months and by the end, you notice changes," said Hollender, a 13-year member of the RCMP who works as a noncommissioned officer in charge with the Leduc Traf"You see small changes. You may not see them that day or that month, but I was there nine months (in Afghanistan) and by the end, you notice changes."

Cpl. Gary Hollender

fic Unit

The Canadian Police Mission in Afghanistan works with the ANP to create a police force able to provide order and security for the Afghan people.

Canada is one of the leading contributors in attempting to reform the ANP.

A tearful Hollender, surrounded by his family, described some of the dangers the members of this mission face on a day-today basis.

'It is like walking down your neighbourhood street here and anything bad could happen," he said.

The constant fear of dangers that could possibly be lurking around each corner eventually became a reality for Hollender when a vehicle only a few miles ahead of him was blown up. Three Canadian Forces members were injured in that incident.

"Guys are getting hurt and guys are dying. Some days you just don't know if it will be you."
But Hollender, his wife,

three daughters and granddaughter can rest easy this holiday season and celebrate his safe return home.

'It is always magical, but it's just extra special now that he's home," said Hollender's wife Heather.



Metro Edmonton, Editorial and Photography Interns, Edmonton AB

Metro Edmonton is inviting applications for reporting and photography internships.

The positions offer hands-on experience in a daily newsroom for journalists and photographers or recent grads who are beginning their careers. The positions are non-paid.

Successful applicants in the past have excelled at generating story ideas and writing concise and compelling features as well as covering breaking news. The ideal candidate can also combine photography and reporting skills

The positions are open to students and recent graduates (within the last year or two).

The internships are full-time and start January 2010. They run for three-four weeks, based on availability, Sundays to Thursdays.

No calls please. Only those applicants considered for the position will be contacted.

Please e-mail samples of your work, a cover letter and resume identifying all relevant experience and/or skills to:

Harry Hodge | Metro Edmonton, Ste, 2070, 10123-99 Street NW, Edmonton, AB, T5J 3H1 | Tel: NO CALLS E-mail: harry.hodge@metronews.ca | Web address: http://metronews.ca

GET STARTED EARLY ON YOUR NEW YEARS RESOLUTION

HURRY OFFER ENDS TODAY AT 10PM!

START TODAY



NO FIXED TERM ON MONTH TO MONTH **MEMBERSHIPS** CANCEL AT ANY TIME

RECEIVE A 3 MONTH GIFT CERTIFICATE TO GIVE TO A LOVED ONE.

Voted Edmonton's #1 Fitness Club



NORTHEAST 13746 50 St. 473-5549

NORTHWEST 13543 St. Albert Tr. 473-5800

DOWNTOWN 10303 Jasper Ave. 426-1389

10403 172 St. 483-6722

SOUTH 3414 Gateway Blvd. Copenhagen Climate Change Summit talks turned to Edmonton yesterday, with presentation of a Climate Leadership in Canada award to the capital city. Edmonton was among five Canadian cities set to receive the award, for its CO2RE program and Renewable Energy Task Force. METRO EDMONTON

Man victim of foul play: Police

VICTORIA HANDYSIDES
victoria.handysides@metronews.ca

Police have determined a man found dead on the front lawn of a north-end home last weekend was the victim of foul play.

An autopsy on the body of 21-year-old Melvin Edward Hansen concluded how he died, but police aren't releasing the cause of death pending further investigation. A homeowner returning

from Christmas party around 10:45 a.m. discovered Hansen's

body on the lawn of his home at 90 Hansen Street and 130 Avenue.

VATCH BRAND

WR 100N

TIMEX® IRONMAN® 30 Lap

Exclusive at The Bay

featured here

Police did not rule the man's death homicide immediately, but said the incident was suspicious as he was not dressed for weather conditions. Homicide detectives are considering the possibility Hansen's death may have been drug-related.

By yesterday afternoon, nearly 750 people had joined a Facebook group dubbed R.I.P. Melvin Hansen.

"I still can't believe that you are gone. You had such a beautiful smile and always

made me laugh! Only the good die young," Chelsea Upton wrote.

This isn't right, man. The last time I saw you wasn't supposed to be walking out my front door, man. Andolf Gunderson wrote.

Hansen's funeral is set for Friday at Shiloh Baptist Church (10727 - 114 St.). Police are asking anyone with information to call

Crime Stoppers at 1-800-222-TIPS



Premier Ed Stelmach, shown in this file photo, praised the flat tax as a study said it costs Alberta \$5 billion a year in potential revenue.

Stelmach defends flat tax criticized by study

Premier Ed Stelmach used an Internet video yesterday to defend Alberta's flat-tax system at the same time as a study was released claiming flat taxes are costing the province \$5 billion a year in potential revenue.

"The flat income tax is fair to all," said Stelmach.
"It frees up a lot more money to be re-invested in the economy.

A study by Alberta's Parkland Institute concludes that the flat-tax system in which all taxpayers, rich and poor, are charged the same rate - should be cast aside in favour of the progressive or multi-rate tax

Same rate for all • Alberta's single income tax rate of 10 per cent is a con-

cept put forward by Stockwell Day nearly a decade ago when he was Alberta's treasurer. It mainly benefits those with higher incomes.

structure used by most other provinces.

The study concludes that returning to the progressive tax structure that existed in 1999 would be more than enough to eliminate Alberta's projected budget deficit of \$4.3 billion this THE CANADIAN PRESS

Care facilities may benefit from capital bonds sales

The Alberta government says money raised from a new issue of capital bonds could be used to build group homes for the disabled and long-term care facilities.

Albertans will have to wait until February to find out the size of the bond issue, who will be eligible to buy the bonds and the interest rate offered

Premier Ed Stelmach announced last fall that the bonds would be backed by the province's triple A credit rating and have a

But the premier also said Albertans would know in advance which hospitals, schools and other public projects would be built with the money raised.

Alberta last sold capital bonds in 1996, but they discontinued the year when province decided on other wavs to raise money.

The expected sale period for the new capital bonds will be from Feb. 16 to March 1.

THE CANADIAN PRESS

Suspect sought in Nov. blaze

Police are on the hunt for a man believed responsible

for a fire that nearly destroyed a Wetaskiwin retirement home last month.

Shawn Robert Douglas Phinney, 18, is wanted in connection with a fire at the Good Shepard retire- Phinney ment home, after po-

lice received information alleging he intentionally set the blaze on Nov. 13.

Mounties say Phinney is a transient known to fre-

quent the Wetaskiwin area and are appealing to the public for information on his whereabouts.

Anyone with information that may lead to Phinney's arrest is asked to call Wetaskiwin RCMP at (780) 312-7200 or Crime Stoppers at 1-800-222-TIPS.

METRO EDMONTON

IRONMAN and M-DOT are registered trademarks of World Triathlon Corporation. Indigo is a registered trademark of Indiglo Corporation in the US and other countries

Rogers Communications Inc. says a B.C. judge has ruled that Bell Mobility's claim it has Canada's most reliable network is false and misleading and has called for immediate removal of all advertising containing the statement. THE CANADIAN PRESS

Canada



Arrest made in cold case

Police in Kingston, Ont., have arrested a Winnipeg man in a decades-old murder case. Joseph Clifford Edward Langford, 66, has been charged with non-capital murder over the death of Kingston resident Marshall Augustus Matier, 64, whose body was found behind a building in 1970. THE CANADIAN PRESS

Colvin blasts Tories in letter to Commons

New allegations in Afghan torture debate

Canada stubbornly refused to monitor Afghan prisoners, some of whom disappeared into unofficial "black site" jails, until public attention left it no choice, diplomat Richard Colvin claims in a stinging letter filed with a House of Commons committee.

The 16-page, point-by-point critique of testimony and public claims by federal officials is laced with several new allegations that will no doubt feed the political wildfire burning over the prison torture is-

The intent of the letter. delivered yesterday to the committee

Outcry

 The public outcry over the torture allegations forced the Conservative government to sign a new, stricter deal with the Afghan government on May 3, 2007.

Afghanistan, was to rebut critics who've tried to tear apart his claims of abuse in Afghan jails and what Canada knew about it. On April 24, 2007 — one

day after allegations of torture were published in Canada — the Canadian Embassy in Kabul recommended a system to monitor prisoners, Colvin wrote.

But the advice was rejected by the senior federal official in charge of the Afghan file, David Mulroney, who is now the ambassador to China.

"In our one page memo, we suggested that Canada should negotiate a new detainee (memorandum of understanding), set up an effective monitoring mechanism, and try to reduce the number of detainees

taken," says Colvin's letter. "Mr. Mulroney replied within hours to reject our advice, instructing us instead to implement the contingency plan."

THE CANADIAN PRESS

Ontario Survivor carries flame



Sixteen-vear-old Jack Prins, a survivor of childhood cancer and spokesperson for the Sick Kids Foundation, runs the final 300 metres to light the cauldron as the Olympic torch relay arrives in Lindsay, Ont., yesterday.

Wildrose Alliance growing fast

POLITICS Danielle Smith was five months old when Peter Lougheed toppled a dynasty in 1971 and created one of his own.

Thirty-eight years later, Smith, the new leader of Alberta's Wildrose Alliance, is looking ahead to 2010 as the year to lay the groundwork for a revolution of her own and take down the party that Peter built. Recent polls have the Wildrose surging past Premier Ed Stelmach's Progressive Conservatives.

THE CANADIAN PRESS

m.metrenews.ca



Naomi Klein's No Logo and Cormac McCarthy's The Road listed among Canadian authors' favourite books of the decade. Scan this barcode for the full article.







BERET \$25



PASHMINA \$25





\$25 and less

JACOB

jacob.ca











canada

metro

Saskatchewan rig topples over, kills man Saskatchewan officials are investigating the death of an Estevan man who was killed when a service rig toppled over. THE CANADIAN PRESS

CANADA'S BEST SELECTION OF WATCHES AT THE BAY



COMFORT & JOY DKNY



87 cancer test errors found: Study

Irregularities led to improper treatment

A new study says nearly 40 Quebec women with breast cancer received improper treatment since last year because of testing irregularities — and five of them died.

The provincial study arrived yesterday as a followup to a report that cited problems with Que-

bec's screening practices. Quebec Health Minister Yves Bolduc ordered the review in June.

He asked for thousands of cancer tests to be redone after an extensive study suggested there were problems with Quebec's screening process.

The original study by

Dr. Louis Gaboury, head of the Quebec Association of Pathologists, examined almost 3,000 breast-cancer tests conducted over 14 months starting in April 2008.

Out of 2,856 exams reviewed, 87 errors were "Our laboratories are of a very high quality. Our results in pathology, in Quebec, are world-class."

Yves Bolduc, Quebec health minister

found in the test results. The new provincial study, released yesterday, confirms 39 cancer suffer-

ers failed to receive the proper care.

Bolduc said there was no proof the five deaths were caused by improper treatment. He said that mortality rate was normal for cases of breast cancer.

The health minister also defended the quality of breast-cancer tests in Quebec, saying the error rate fell well below what he described as the 10 per cent norm for such screening.

"Our laboratories are of a very high quality," the minister said. "Our results in pathology, in Quebec, are world-class.'

The government says that test results can vary as much as 20 per cent from one lab to another.

Bolduc declined, however, to explicitly rule out the possibility that insufficient care might have caused any of the deaths. He said the families of the five victims are being contacted.

Quebec's College of Physicians said it was satisfied with the govern-ment's handling of the is-

In North America, one woman dies from breast cancer every 12 minutes. THE CANADIAN PRESS

Vancouver **Anti-Olympic mural**



A man walks past an anti-Olympic mural hanging on the outside of a gallery in the Downtown Eastside of Vancouver yesterday. The mural re-appeared this week after the city ordered its removal earlier in December.

Stories from Olympic family members sought

GAMES Hundreds of mothers and fathers, brothers and sisters will be in Van-couver cheering on Canada's Olympians at the 2010 Winter Games.

Petro-Canada is looking for a couple of families to tell their stories.

Through Petro-Canada's Family Correspondent contest, two individuals, along with a family member each, will be chosen to go

to Vancouver where they'll chronicle the activities of athletes' families via Twitter, Facebook and YouTube.

"It's a really fun project and bird's eye view of what's happening at the Olympics," said former Canadian figure skating star Kurt Browning.

Contestants must submit a 30-second video to facebook.com/dreambig.

THE CANADIAN PRESS

Tories have six-point lead: Poll

POLITICS A new poll suggests Prime Minister Stephen Harper's Conservatives are maintaining a six-point lead over the Liberals, despite facing daily fire over their handling of the Afghanistan detainee

The survey by The Canadian Press Harris-Decima, indicates support for the Conservatives stands at 34 per cent nationally, compared to 28 per cent for the Liberals, 14 for the NDP and 13 for the Greens

The Tories are ahead in every region of the country, except Quebec where the Bloc Quebecois is dominant at 38 per cent, followed by the Liberals at 24 per cent, the Tories at 17 and the NDP at 10.

THE CANADIAN PRESS

News in brief

AIR INDIA The final report from the federal inquiry into the 1985 Air India bombing that killed 329 people is complete, and should be released early next year. The commission says the report, which is now being translated, will be published in five volumes totalling more than 3,000 pages.

THE CANADIAN PRESS

www.thebav.com

Naughty or nice, it's still half price.







The IKEA Winter Sale.





Save up to 50% on hundreds of items throughout the store.









IKEA EDMONTON

1311-102 Street N.W. (South Edmonton Common) Phone: 1-866-877-IKEA (4532)

Mon-Sat Sundav 10am-9pm 10am-6pm www.IKEA.ca

Shop from home 1-866-866-IKEA



Any space can be beautiful.

Kyle Robert McKee, 24, a self-proclaimed white supremacist wanted in connection with a Calgary homemade bomb attack has been arrested in Winnipeg following a two-hour standoff with police, CBC News reports. METRO NEWS SERVICES

Charest cites 'hard reality' over climate

Provinces may go it alone

Quebec Premier Jean Charest injected some "hard reality" into the climate discussion yesterday.

He warned any deal the federal government concludes at the Copenhagen

climate talks could be ignored by the provinces if it's deemed too weak.

While Canada might put its signature to an accord in Copenhagen, it would mean little if the provinces disagree with Ottawa's plan, Charest said

at the UN conference yesterday.

Some provinces have been sharply critical of Ottawa's plan and say the federal government has ignored their calls to tough-



en what they call weak emission-reduction targets. "In Copenhagen, the fed eral government has the

power to sign treaties, but it doesn't have the power to bind provincial governments to them," Charest said. "That's the Canadian reality, and it's a hard reality," he added. Canada has a

stated aim of lowering Canada's greenhouse gas emissions by 20 per cent from 2006 levels by 2020. But Ontario and Quebec have argued Canada can and should do

THE CANADIAN PRESS

Holidays Harper celebrates Hanukkah



Prime Minister Stephen Harper takes part in a menorah lighting ceremony, celebrating the Jewish festival of Hanukkah in Ottawa yesterday.

Canada's gang czar jailed for 30 years

CRIME A man who parlayed what prosecutors describe as "laudable organizational skills" into one of Canada's most notorious gangs has been jailed for 30 years

Clay Roueche appeared yesterday for sentencing before U.S. District Judge Robert Lasnik in Seattle.

The judge said he was convinced Rouche "took orders from no one" in his position atop the violent United Nations gang—so called because it welcomed all nationalities.

THE CANADIAN PRESS

News in brief

OLYMPICS A million pairs of red mittens have been sold under Own The Podium, ensuring the program to help Canadians win at the 2010 Games will stay in the black. Own The Podium is funded by Olympic organizers and federal and provincial governments.

THE CANADIAN PRESS



David Morris Fine Cars Ltd. 17407 - 111 Ave, Edmonton desmail@dmfc.ca | iweiss@dmfc.ca

780.484.9000 PLEASE ASK FOR DEAN OR IAN



Retirement? What retirement?

The Royal Bank, Canada's largest, says 32 per cent of Canadians have not started saving for retirement yet, compared to 24 per cent in 2008. THE CANADIAN PRESS

A Canadian Christmas

A lobster lament

Fishermen say life's not going swimmingly

and \$100,000 in the hole.

The burly lobster fisher-man from Woods Harbour. N.S., is struggling to make ends meet because the price he gets for his catch at the wharf is hovering around \$4 a pound — about a dollar below his break-even price.

The reason?

About 80 per cent of the lobsters landed in Canada are exported to the United

And there, the lingering recession has reduced the appetite for lobsters, long considered a luxury dish.

That's why Smith and many other Nova Scotia lobstermen from the "We're all paying for bills we couldn't pay for last year. It's just impossible. And some guys have lost their rigs."

Drew Smith

province's south shore are loading up their trucks and heading to Halifax, where the lobsters are sold on the roadside for about \$5.50 or \$6 a pound.

"It's not that I want to do this, but I'm forced to this Smith says as he takes a break from selling lobsters in a Canadian Tire lot in suburban

"I'm behind in boat payments, insurance and a lot of bills.

Still, the market is better than it was last year, when prices bottomed out at just over \$3.

"We're all paying for bills we couldn't pay for last year," says Smith. "It's just impossible. And some guys have lost their rigs.

Smith operates a 14-metre boat appropriately named Major Expense No 1

He recalls five or six years ago when lobsters were selling for \$6 or \$7 per pound in the days before Christmas.

THE CANADIAN PRESS

Man sues N.S. for \$100,000

NOVA SCOTIA A man originally from the United Kingdom has launched a lawsuit against the Nova Scotia government over a program that was supposed to pair immigrants with on-the-job training. The proposed class-ac-

tion suit was filed on behalf of Peter King, who apparently shelled out \$130,500 for the program.

King, who alleges Nova Scotia breached its contract with him, is seeking \$100,000 plus interest and damages. THE CANADIAN PRESS

News in brief

GAS LEAK The main road into the Alberta hamlet of Lodgepole was closed after sour gas escaped from an oil well. Officials say trace amounts of the gas have been detected. The well belongs to Calgary-based Daylight Energy Ltd. THE CANADIAN PRESS



NEEDS YOU TO VOLUNTEER!









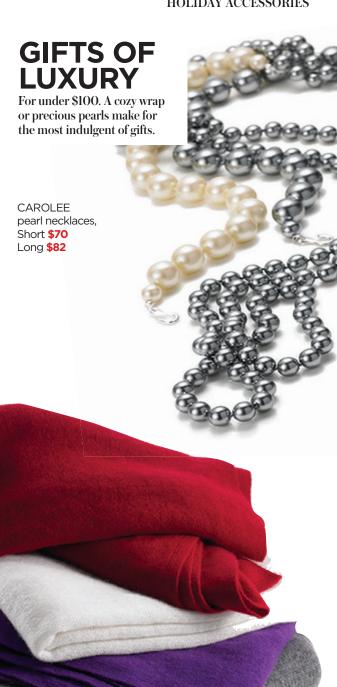


For 3 – 4 hour shifts in the great outdoors

January 14 - 24, 2010

Greet visitors and have fun! All volunteers receive a fabulous bag of gifts and hot beverages.

Register online at WWW.ICEONWHYTE.CA by clicking on volunteer.



EXPRESSION® 100% cashmere wrap, \$99 Available in 7 colours.

Selection varies by store, while quantities last.

December 17th only



Female players won't be charged with assaulting male cheerleader

Prosecutors say they won't file criminal charges against two Missouri women's basketball players accused of beating up a male cheerleader. Leading scorers Amanda Hanneman and Jessra Johnson were arrested five days ago on suspicion of assault after the cheerleader said he was beaten up by the pair. Coach Cindy Stein suspended the players the following day. THE ASSOCIATED PRESS

World



Chihuahua surplus blamed on celebs

California has more chihuahuas than it can handle, and it has Hollywood to blame. Chihuahuas make up 30 per cent or more of the dog populations at many California shelters. And experts say pop culture is to blame, with fans imitating chihuahua-toting celebrities like Paris Hilton and Miley Cyrus, then abandoning the dogs. The problem appears to be specific to California — shelters elsewhere would love to share the wealth, said Gail Buchwald, senior vice-president overseeing the ASPCA adoption centre in New York City. THE ASSOCIATED PRESS

Iran fires most advanced missile

TEHRAN Iran yesterday testfired an upgraded version of its most advanced missile, which is capable of hitting Israel and parts of Europe, in a new show of strength aimed at preventing any military strike against it amid the nuclear standoff with the West. The test was the latest version of Iran's longest-range missile, the Sajjil-2, with a range of about 2,000 kilometres. That range places Israel, Iran's sworn enemy, as well as U.S. bases in the Gulf region, well within reach.

Iran has repeatedly warned it will retaliate if Israel or the U.S. carries out military strikes against its nuclear facilities, at a time when the U.S. and its allies accuse Tehran of seeking to develop a nuclear weapon.

THE ASSOCIATED PRESS

Talks deadlocked, protests flare up

Police fired pepper spray and beat protesters with batons outside the UN climate conference yesterday, as disputes inside left major issues unresolved just two days before world leaders hope to sign a historic agreement to fight global warming.

Hundreds of protesters were trying to disrupt the 193-country conference, the latest action in days of demonstrations to demand "climate justice" steps to combat global warming. Police said 230 protesters were detained.

Inside the convention hall, Venezuelan President Hugo Chavez echoed the protesters' sentiments: "If the climate was a bank, a



capitalist bank, they would have saved it."

Earlier, negotiators dealing with core issues debated until just before dawn without setting new goals for reducing greenhouse gas emissions or for financing poorer countries' efforts to cope with coming climate change, key elements of any deal.

In those overnight talks, the American delegation apparently objected to a proposed text it felt might bind the U.S. prematurely to reducing greenhouse gas emissions before Congress acts. U.S. envoys insisted. for example, on replacing the word "shall" with the conditional "should."

Still unresolved are the questions of emissions targets for industrial countries, billions of dollars a year in funding for poor countries to contend with global warming, and verifying the actions of emerging powers like China to ensure that promises are kept.

THE ASSOCIATED PRESS

m.metrenews.ca



Scan this barcode for a daily video report from Copenhagen, or wa it at metronews.ca/world

Dozens of needles found inside boy

BRAZIL A two-year-old boy has as many as 50 metal sewing needles inside his body and a doctor treating the boy said yesterday they were apparently stuck there one by one. Dr. Luiz Cesar Soltoski

told The Associated Press that surgeons hope to remove most of the needles some as long as five centimetres - but because some are stuck in his lungs, they have to wait until the child's breathing improves.

Some cannot be removed: they are too close to vital organs or actually inside them, Soltoski said.

boy's mother The brought him to a hospital in the city of Ibotirama on Thursday, saying he was complaining of pain.

The mother told police she doesn't know how the



An X-ray shows the needles inside the boy.

needles got inside her son, but police have opened an investigation.

Soltoski said he believes the needles were stuck into his body one by one be-cause it would have been impossible for him to swallow them. The boy is in intensive care, but Soltoski said his condition has improved. The associated press

don't miss this koodo-tacular deal and \$100



Samsung Slyde \$175 \$150 Sale price



\$150 Sale price



Samsung Intensity¹¹ \$200 \$175 Sale price





Good call

Hurry!













Edmonton Edmonton City Centre Kingsway Mall Londonderry Mall Millwoods Town C West Edmonton Mall

Red Deer

WHO CARS WILL TINES IN 18

THE INDIGLO® NIGHT-LIGHT TELLS ME I CAN START RUNNING BEFORE THE SUN COMES UP

THE VARIABLE-INTENSITY INTERVAL TIMER MEANS I HAVE A COACH ON MY WRIST.

TIMEX

THE WIRELESS DATA
XCHANGER TELLS ME
THIS IS WAY MORE THAN
A WATCH:



CUSTOMIZABLE HEART RATE ZONES LET ME KNOW WHEN TO PUSH HARDER.

THE 10-WORKOUT MEMORY TELLS ME HOW FAR I'VE COME IN JUST A FEW DAYS.

THE INCLUDED TRAININGPEAKS SOFTWARE KEEPS MY WORKOUTS, WIRITION AND PERFORMANCE ON TRACK.

TIMEX
HEART RATE MONITOR

digital 2.4 transmission

TIME IS ONLY ONE DIMENSION OF THE RACE TRAINER™ DIGITAL HEART RATE SYSTEM.

TIMEX IRONMAN

TRAIN SMARTER"AT TIMEX.CA

OFFICIAL SPONSOR OF



ROAD RACE ING D NEW YORK CITY MARATHON



Taliban to release video of hostage
The Taliban have announced they will
release a new video of a captured U.S. soldier. THE ASSOCIATED PRESS

'09 deadliest year yet for journalists

The November massacre of 30 media workers in the Philippines made 2009 the deadliest year yet for journalists, according to a report to be released today.

The Committee to Protect Journalists, an independent press advocacy group, says at least 68 journalists were killed in 2009, a 60 per cent increase over 2008 when 42 deaths were recorded.

Until the November massacre in the Philippine province of Maguindanao, where 57 people including 30 journalists were killed, 2009 seemed likely to end with 38 killings — a lower death toll than the year before. The previous one-year

The number of journalists killed worldwide in 2009,

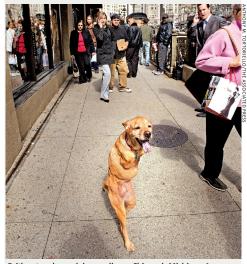
the most yet. Threequarters were killed deliberately for their work, according to the Committee to Protect Journalists.

record was in 2007, with 67 killings.

Four journalists were also killed in Pakistan, making it the second most deadly country in 2009, followed by Russia where three journalists were killed. Two journalists were killed in both Mexico and Sri Lanka

THE ASSOCIATED PRESS

Chicago Faith walks



Faith, a two-legged dog, walks on Chicago's Michigan Avenue. The dog has become an inspiration for people, including soldiers, as she travels around the U.S.

Tiger, Elin headed for divorce, reports say

FLORIDA Tiger Woods's wife is planning to divorce him after Christmas, a number of U.S. media outlets reported last night.

Photos this week show Elin Nordegren, 29, near the couple's home in Windermere, Fla., not wearing her wedding ring.

"She plans to leave Tiger," an unnamed source close to Nordegren told People magazine.

NE123G709 © 2009. Sears Canada II

The media outlets all quoted unnamed sources, but they all pointed to the same thing: Divorce. ABC News also quoted a source as saying:

"Divorce is 100 per cent on. She's not rushing to divorce, however. She wants all the dirty laundry to be out on the table before she signs anything."

The couple married in 2004 and have two children. TORSTAR NEWS SERVICE



ese savings offers exclude items with prices ending in .97, Special Purchase dress shirts & ties sed at 9.99 & 19.99, Lands' End brand and currently advertised items. **Gruesome discovery**

world 13

Mexican prosecutors say the severed heads of six police investigators have been found in the northern state of Durango. THE ASSOCIATED PRESS

Whites not majority in U.S. by 2050: Study

Census Bureau revises population projections

The estimated date when whites will no longer make up the majority of Americans has been pushed back by eight years, to 2050, because the recession and stricter immigration policies have slowed the flow of foreigners into the U.S.

U.S. Census Bureau projections released yesterday update last year's prediction that white children would become a minority in 2023 and the overall white population would follow in 2042. The earlier estimate did not take into account a drop in the number of people moving into the U.S. because of the economic crisis and the immigration policies imposed after the 9-11 attacks.

The United States has 308 million people today; TwoAccording to new projections is the expected makeup of the U.S. in 2050, when the population will be 399 million:

49.9% White

28% Hispanic

12.2% Black

6% Asian

thirds are non-Hispanic whites.

total population should climb to 399 million by 2050, under new projections, with whites making up 49.9 per cent of the population. Hispanics, currently 15 per cent, would rise to

The projections are based on rates for births and deaths, and a scenario in which immigration continues its recent, slower pace of adding nearly one million people each year.

The point at which minority children become the majority is expected to have a similar delay of roughly eight years, moving from 2023 to 2031.

The population 85 and older is projected to more than triple by 2050, to 18.6 million.

The actual shift in demographics will be influenced by a host of factors that can't be accurately forecast, including economic recovery, cultural shifts, natural or man-made disasters, and changes to immigration THE ASSOCIATED PRESS

Romania Revolution revisited



People in Timisoara, in western Romania, yesterday re-enacted protests that took place 20 years ago, igniting a revolution that overthrew the brutal regime led by Nicolae Ceausescu.

PLO extends Abbas's presidency as he renews call for Israel to curb settlements

PEACE TALKS The Palestine Liberation Organization indefinitely extended Mahmoud Abbas's term as Palestinian president yes-terday and endorsed his refusal to negotiate with Israel unless it freezes all settlement construction.

The decision gave the embattled president a vote of confidence. Abbas's inability to reconcile with the rival Hamas movement or wrest concessions from

Israel has hurt his popularity among Palestinians.

The Western-backed Abbas has repeatedly threatened to step down over the impasse with Israel, while hinting he could be persuaded to remain in office.

He said in a recent interview that a comprehensive deal could be reached within six months if Israel completely froze settlement construction.

THE ASSOCIATED PRESS

News in brief

BODY The body of an 87-yearold woman remained in a bed for up to eight months though caretakers paid daily visits to the house and kept it tidy.

North Carolina authorities said yesterday. Blanche Matilda Roth likely died in May. The cause of death is being investiaated. THE ASSOCIATED PRESS

Microsoft allows Europeans to choose browser

ANTITRUST More than 100 million Europeans will get to select a web browser after Microsoft agreed to offer Internet users a choice to avoid fresh fines. The move could represent a thaw in long-standing tensions between the software company and the European Union.

The deal announced yesterday ends all current antitrust charges brought by EU regulators.

Beginning in March, Microsoft Corp. will provide a pop-up screen to all European users of its Windows operating system, asking them to choose one or more of five major browsers - including Microsoft's Internet Explorer, Mozilla's Firefox, Google Inc.'s Chrome and Apple Inc.'s Safari — and seven smaller rivals.

The European Commission had argued that tying Internet Explorer to Windows (which is already installed on most computers) gave the browser an unfair advantage. Those charges have now been dropped. In more than a decade of EU antitrust action, Microsoft has been fined \$2.6 billion.

Neelie Kroes, the EU's competition commissioner, said the deal resolves "a serious competition concern." THE ASSOCIATED PRESS



Make Long Distance calls to Anywhere IN THE WORLD FROM YOUR CELL PHONE AT

COMWAVE'S **GUARANTEED** LOWEST RATES

- No need to cancel your service provider.
- \$10 Free Long Distance for every friend you refer
- No Contracts



No MATTER WHERE YOU CALL, No MATTER WHAT RATE YOU PAY,

COMWAVE WILL BEAT IT...

(EVEN IF THE RATE YOU PAY IS LOWER THAN THE RATE LISTED ON THIS AD!)



While Comwave strives for accuracy in our advertising. Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. 29 Cents per minute to India is based on a monthly plan of \$100/month for \$55 minutes. Unused minutes do not roll over to the following month. There is a 30 day satisfaction period where you may cancel at any time. Rate guarantee is based on competitors lowest advertised rate for like services. Unlimited Canada plan does not include calls to the Yukon, Numavut or N.W.T.

Publisher, Steve Shrout Managing Editor, Harry Hodge

ales Manager, Cheryl Skogg Distribution Manager, Jim Hillman METRO CANADA

Group Publisher, Bill McDonald

Assoc Managing Editor, Tarin Elbert Enter/Lifestyle Editor, Dean Lisk Asst Managing Editor, Amber Shortt Art Director, Laila Hakim National Sales Director, Peter Bartrem Interactive/Mrktng Director, Jodi Brown

Comment & Views

Comment

Parties unravel mysteries



co-worker recently told me that he wasn't sure if I was an introvert or an extrovert. I replied that I was still trying to figure it out.

We're all social chameleons. The way we act around our colleagues is very different from the way we act around our friends. Due to prescribed expectations, we don't generally have the opportunity to get to know our co-workers until we're outside the restrictive office environment.

Enter: The office Christmas party.

a recent holiday shindig for a company I freelance for, a buzzed

colleague and I bonded that we spend so many of over our mutual infatuation for music from the 1960s. I met the sparkling, chatty fiancée of a quiet coworker. And I gaped in awe as a respectable higher-up dropped to his knees during Boney M's Rasputin and proceeded to entertain us with some scarily proficient Russian dance



our waking hours in the presence of? We know their names,

their positions and what they eat for lunch, but their personal lives, preferences and real personalities are, for the most part, a mystery. That is until it's time to par-

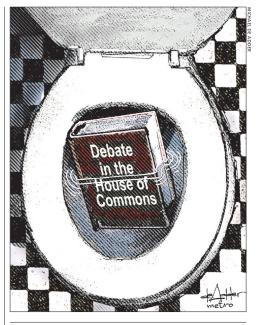
"At parties, some people believe that the normal rules that govern the identities they have negotiated with one another are relaxed," explains social psychology Prof. William B. Swann. "The boss who is ordinarily chilly with her subordinates may feel that she can warm up, or co-workers who are normally competitive with one another may be persuaded to ignore this and try to relax and enjoy one another. Alcohol can exaggerate these tendencies by lowering social inhibition and making people more open to experimenting with identities that they would not dream of assuming while sober.

But mistletoe and tumblers of extra-special eggnog among co-workers is potentially problematic.
"The downside of sus-

pending the identity negotiation process for parties is that it can be difficult to revert back to the original identity," says Swann. "This will be particularly true if the party atmosphere encourages us to reveal something that could poison a relationship (e.g., hostility or inappropriate attraction)."

True, you may never look at Janice from accounts receivable in the same way ever again (cheap drunk, opera hobbyist), but anything that reveals the humanity of those around us probably isn't such a bad thing.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.



Worth mentioning

Ancient climate study points to sea level rise

Go

Green

Global warming in this century might raise sea levels more than expected in future centuries, says a study that looked at what happened at a time when Neanderthals

roamed Europe. Unless

global warming is curbed

or expensive measures are taken to hold back rising water, the projected sea lev-el rise could submerge about one-third of Florida, southern Manhattan, much of Bangladesh and almost all the Netherlands, for example, researchers said.

An expert praised the work but cautioned that such projections can't be made with precision.

Earth naturally alternates between ice ages and

warmer times, due to changes in the tilt of the planet and its orbit around the sun. It is now in a warmer spell that began some 10,000 years ago. But scientists say

man-made, heat-trapping gases are driving the warm-

ing beyond the natural amount.

Warmth can raise sea levels by expanding water volume and melting huge sheets of ice in Greenland and Antarctica. To get an idea of what future warming might do to sea levels, scientists at Princeton and Harvard universities looked at Earth's last warm period, peaked which some 125,000 years ago, sometimes called the Eemian THE ASSOCIATED PRESS

What is Barbie wearing under her burka?



Authenticity has never been Barbie the doll's strong suit. It's estimated that if she were lifesize, she would tip over because of the size of her breasts.

So I shouldn't be surprised that as part of the 500 international outfits designed to mark Barbie's 50th birthday - yes, she's that old but doesn't she look good for her age — "Muslim" Barbie is wearing a burka.

As a Muslim woman, I am sadly all too familiar with the media shorthand for "Muslim" and "woman," equalling Cov-ered in Black Muslim Woman. This being Barbie though, the burka isn't in forbidding black. Italian designer Eliana Lorena, who made the outfits for an auction Sotheby's is holding to collect money for Save the Children, instead made Muslim Barbie's burka vermillion and lime green!

What will the Taliban

What on Earth are little girls supposed to do with Burka Barbie? More intriguingly, what is Barbie wearing under that lime green burka? I was at a loss until I came across an ad by German lingerie company Liaison Dangereuse.

A woman steps out of the shower into stilettos (because they're the first thing a woman wears after

showering, of course). She stands nude at her mirror to apply makeup, followed by lingerie, on top of which she throws a burka (black, not lime green though). The clip ends with the tantalizing line "Sexiness for everyone. Everywhere."

That's more like the Barbie we've known for 50 years! So, are Burka Barbie and Liaison Dangereuse in some kind of marketing cahoots?

The final piece of the puzzle came when the BBC reported that on the Saudi religion channel Awtan TV women presenters are dressed from head to toe in a black niqab. (The burka has a mesh where the eyes are, the nigab leaves the eyes uncovered).

Eureka! Those Burka Barbies must be spinoffs for those women presenters, one of whom told the BBC that wearing the niqab helps her to concentrate more on her work and what she looks like is irrelevant. It begs the question why she didn't choose radio instead, but, hey, I'm still trying to figure out this Burka Barbie business.

Apparently, fans of these women in black from head to toe — gloves included — urge them to stay just the way they are. Little did Ms. Lorena realize that she was actually supplying a demand most of us never knew existed Burka Barbie TV Presen-

I never was one for dolls.

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.

We Know What You're Thinking



The percentage of Canadians who would choose their mother over a celebrity to take to a movie premiere

IPSOS REID

WHAT YOU'RE THINKING

The perfect gift for all



The giftcard millions of Canadians love to give and receive.

OPEN LATE! Visit **chapters.indigo.ca/storelocator** for hours.

Chapters

Indigo

COLES

Giftcard selection may vary between stores and online

Playboy falls on NYSE over sale concerns

Playboy Enterprises Inc., owner of the namesake magazine, fell in New York Stock Exchange trading on concern that talks about a sale to Iconix Brand Group Inc. are collapsing. A sale of Playboy would mean an exit for founder and majority shareholder Hugh Hefner, 83. THE ASSOCIATED PRESS

DOLLAR GAS OIL **TSX** Business US **94.30**¢ US \$**5.48** US \$72.66 11,637.04 US 0.08¢ 96.02 US 3.7¢ US \$1.97

Carney: Don't get caught up in low rates

Bank of Canada governor warns Canadians, institutions to avoid credit risks

Bank of Canada governor Mark Carney issued a caution to Canadians and the chartered banks yesterday: Interest rates are going up and they should take care not to get caught out.

Expanding on previous warnings, the bank governor told a business audience in Toronto the current low interest rate environment may be luring Canadians to borrow too much, and banks to extend loans they will later regret.

Canadians have taken on more debt even during the

recession, which is unusual, Carney said.

But while Canadians may be able to afford the added debt burden now when interest rates are at historic lows, they may get caught short when rates return to more normal levels.

"The combination of sustained growth of household debt relative to income and a rising interest rate environment could increase the vulnerability of households to an adverse shock," he said in notes on the speech released by the central bank



"It is the responsibility of households now to ensure ... they can still service their debts."

Mark Carney, BoC governor

The bank governor did not say when he expects interest rates to start rising, although economists believe Carney will make his first move on his lowerbound 0.25 per cent policy rate in mid-2010. That would be after the bank's conditional commitment to stand still on the rate until

the end of June.

It is not the first time Carney and the central bank have voiced such concerns, most recently last Thursday in the central bank's semiannual Financial Systems Review, which cited household debt as the number one risk factor to Canada's economic well-being.

Since then there has been more evidence that Canadians have not paid heed. The Canadian Real Estate Association reported Tuesday Canadians continued to snap up houses at near-record levels, increasing their purchases of resale homes by 73 per cent in November.

Although the finances of Canadian households are still healthy the situation bears watching, Carney said.

"When risks are still manageable is precisely the best time to act," he said. "It is the responsibility of households now to ensure that in the future, when the recovery takes hold and extraordinary measures are un-wound, they can still service their debts."

The Canadian economy is particularly vulnerable to household defaults since consumers are expected to be the key driver of economic recovery, the governor said.

But Carney added that while Canadian consumers have a responsibility to avoid credit risks, so do financial institutions.

THE CANADIAN PRESS

Wind blows into Canada

Wireless provider Wind Mo- er this week in Calgary and

and data service vesterday, bringing player new more and competition into the alhotly ready contested cellphone market.

Wind, owned by Yak long-distance provider Globalive, opened outlets in the Toronto area.

with plans to open more lat-

bile launched its cellphone in Vancouver, Ottawa and

Edmonton in Wireless plans the new year. The compa- Voice pricing plans range ny is pinning from \$15 per month for a its competibasic 100-minute-a-month tive hopes on

plans,

what

want

they

cell-

option to \$45 per month for contractless an unlimited Canada-wide price text and voice plan. which it says Separate data plans that can be bundled into a handreflect Canadians reset plan range from \$10 to allv \$35 a month. There is no when cap on usage, but if cusbuy a phone. Wind tomers exceed five gigabytes of data usage in a charges full price for its month, the company will slow their speed. handsets upfront.

THE CANADIAN PRESS

Solar DIY **Generating a bright idea**



Lowe's product service associate Jim Miner, left, and public service associate manager Roxy Ramirez stock the first do-it-yourself home solar panel system by Andalay at Lowe's in the West Hills suburb of L.A. yesterday. The panels convert solar power into electricity that can be used to power a home. If the solar panels produce more electricity than what is needed to run a home, the excess can be sold to the local electric company.

Northbound visits fell in fall

STAYING HOME Travel by U.S. residents to Canada fell 2.6 per cent between September and October to 1.6 million trips, the first decline in travel by Americans to Canada in four

StatsCan reports U.S. travellers made 943,000 overnight trips to Canada in October, down 2.7 per cent from September.

The agency says same-day car travel by U.S. residents to Canada fell 2.3 per cent it's first decline in four months.

THE CANADIAN PRESS

m.metrenews.ca



Ireland is the latest country whos financial woes are provoking economic anxiety across the Euro-zone. Scan this barcode for the full article.

Business in brief

SUIT The U.S. Federal Trade Commission sued Intel Corp. yesterday looking to block pricing deals and other tactics the government said the world's biggest chip maker has used to snuff out competition. The FTC said Intel, which makes the microprocessors that run personal computers has shut rivals out of the marketplace.

The BMW 2009 Ultimate Sales Event 2009 BMW 323i

Starting as low as + 1995.00 freight and PDI

Finance Rates as low as



Don't miss this incredible opportunity - Event ends December 31, 2009

Edmonton BMW 7450 Roper Road, Edmonton, Alberta
780 490 5269 1-888-490-5269 www.edmontonbmw.com 34-Year/ 80,000 Km
No-Charge Scheduled Main





Life is an exciting journey, especially with the Nokia N86 8MP. With Nokia's exclusive Ovi Maps and GPS, you can plan virtually every twist and turn in the road. And you can hang on to every moment with its award winning 8 megapixel camera. You can even share updates on Facebook along the way. From cool apps to 3D maps, the Nokia N86 8MP is full of life.





K

Go to **ovi.com** to discover new apps, maps, and more for your Nokia phone.

12

19

56



 $\textcircled{0}\ 2009\ Nokia. All\ rights\ reserved.\ Nokia, NSeries, N86, Nokia\ Connecting\ People and\ Ovi\ are\ trademarks\ or\ registered\ trademarks\ of\ Nokia\ Corporation and\ C$

**Rogers & Mobius design are trademarks of Rogers Communications Inc

about data transmission charges. The availability and accuracy of GPS location services are dependent on wireless networks, satellite systems, and the agency receiving the information. The availability and accuracy of GPS location services are dependent on wireless networks, satellite systems, and the agency receiving the information. Than you function in fall areas or at all times or under the contract of the

Wizards letting fans design play?

Are things so bad for the Washington Wizards that they need coaching help from fans? ESPN.com is carrying a contest that asks readers to submit a diagram of an inbounds play the website says the "Wizards will try to use during a game." The deadline for submissions is Dec. 23. THE ASSOCIATED PRESS

Sports



Spezza out 6 to 8 weeks

Jason Spezza, left, will miss six to eight weeks with a torn ligament in his right knee, the Ottawa Senators said yesterday. An MRI Tuesday night revealed the damage to his medial collateral ligament. The forward suffered the injury during the third period of a 3-2 loss in Toronto Monday.

EDITOR: DON.MCHOULL@METRONEWS.CA

Bengals receiver 'battling for his life'

Cincinnati Bengals receiver Chris Henry is "battling for his life" after falling out of the back of a pickup truck vesterday during what police described as a domestic dispute with his fiancée.

Henry was found in the road in south Charlotte "apparently suffering lifethreatening injuries, according to Charlotte-Mecklenburg



Chris Henry

police. Police spokesman Robert Fey said officers were stationed near the 26year-old Henry's hospital

room. He

had no information on Henry's condition, but said he was alive. "We ask everyone to pray

for Chris," agent Andy Simms of PlayersRep Sports said in a statement. "We also ask that you respect the privacy of Chris' family. Chris is indeed battling for his life tonight, and our thoughts and prayers (are) with him during this extremely difficult time."

Henry is engaged to Loleini Tonga, and the couple has been raising three children.

THE ASSOCIATED PRESS

SCOREBOARD

YESTERDAY'S RESULTS
Ottawa 2 Buffalo o

Florida 4 Atlanta 3 New Jersey 2 Montreal 1 N.Y. Islanders 2 N.Y. Rangers 1

Anaheim 3 Vancouver 2 TODAY'S GAMES Minnesota at Montreal at N.Y. Islander

N.Y. Kangers at N.Y. Islande Pittsburgh at Philadelphia Dallas at Atlanta Los Angeles at Calgary Nashville at EDMONTON

YESTERDAY'S RESULTS

Orlando 118 Toronto 99
Atlanta 110 Memphis 97
Ciclevaland 108 Philadelphia 101
Dallas 100 Oklahoma City 86
Denver 111 Houston 101
Indiana 101 Charlotte 98
L.A. Clippers 120 Minnesota 95
L.A. Lakers 107 Miniwaukee 106 (OT)
New Orleans 95 Detroit 87
Usah 108 New Hersey 92
Washington at Sacramento
Sin Antonia at Golden State Washington at Sacramento
San Antonio at Golden State
TODAY'S GAMES
Orlando at Miami
New York at Chicago
Phoenix at Portland

Offence biggest question

World junior team seems to have shortage of scoring threats

With so much firepower missing, the first question about Canada's team is where the goals will come from at the world junior championship.

After Jordan Eberle of the Regina Pats, who scored six times in as many games at last year's world juniors, the dynamic Taylor Hall of the Windsor Spitfires, the team looks strong on two-way character forwards and less so on offensive flash and dash.

But the potential for goals is there, and one of the team's best weapons, power-play point man Ryan Ellis, is not worried.

"Eberle's got close to a goal a game and (Adam) Henrique's close to that in our league (the Ontario Hockey League)," Ellis said yesterday after final cuts were made at the Canadian selection camp. "Hallsie's close to that and a few guys from the Quebec league as well.

"I don't think it's an issue, or ever will be in Canada. Everyone seems to think it's a problem, but I guess we'll see what hap-

Concern arose before the



Canadian national junior team member Taylor Hall yawns as he waits for the team photo with Jordan Caron, left, and Braydon Schenn, right, in Regina yesterday

camp when centre Cody Hodgson, who led the tournament last year in Ottawa with five goals and 11 assists, pulled out with a back injury.

The team was already without eight players still eligible for the under-20

tournament but who have graduated to the NHL Evander Tavares, Stamkos, Steven Kane. Matt Duchene, Ryan O'Reilly, Michael Del Zotto, James Wright and Tyler My-

With only a few of those

players. Canada would be considered a shoo-in for a record sixth straight gold medal when the tournament begins Dec. 26 in Saskatoon. Regina and Without them, the country's depth will be tested. THE CANADIAN PRESS

Sports in brief

BRODEUR Martin Brodeur tied Patrick Roy's record for regularseason appearances by a goalie last night when he started for the New Jersey Devils against the Montreal Canadiens, his 1,029th game.

BLUE JAYS The Roy Halladay blockbuster is now complete and the ace right-hander is no longer a Toronto Blue Jay. Halladay has been shipped off to the Philadelphia Phillies along with \$6 million US in exchange for three prospects. The Blue Jays dealt one of the players — outfielder Michael Taylor — to the Oakland Athletics for infield prospect Brett Wallace. Staying with the Blue Jays are pitcher Kyle Drabek and catcher Travis d'Arnaud.

SOCCER Frank Lampard scored a late penalty yesterday to give Chelsea a 2-1 win over last-place Portsmouth that restored its three-point lead at the top of the Premier League. Niko Kranjcar scored twice to help fifth-place Tottenham beat Manchester City 3-0 and hand its rival just a second league defeat, while Liverpool rose to sixth with a 2-1 win over Wigan.

RED SOX Pitcher John Lackey has finalized a five-year contract with the Boston Red Sox, a deal worth \$80 million to \$87.5 million US. One of the top pitchers in the free agent market, Lackey joins a strong rotation that includes righthander Josh Beckett, and lefty Jon Lester.

TICKETS The Washington Nationals are freezing or cutting prices on all single-game tickets for the second consecutive year — and after a second straight 100-loss season. The cost of more than 3,000 seats at Nationals Park will be reduced, some to \$24 from \$30 US, others to \$17 from \$20. **NBA** Lakers forward Ron Artest says an open letter to Tiger Woods that was posted on his website was meant to encourage the golf superstar because Artest believes media coverage of Woods' mistakes has been unfair. "I just really disagree, I guess you call it backlash," Artest said yesterday. "Hopefully, he gets everything in order and gets back on track, his personal (life). Then after that I can't wait to see him play golf METRO NEWS SERVICES

NHL aims to add second outdoor game for Canada

It's been a long time since Canada looked this good to the NHL.

Ten years ago, commissioner Gary Bettman would come to the league's board of governors meetings and get besieged by questions about how the Canadian teams were going to survive. The conversation was considerably different over two days in Pebble Beach, where the league gave indications it was looking to increase its exposure in

the country.
"The cycles of life never cease to amaze me. Bettman said after the meetings wrapped up yesterday. "Yes, I remember very clearly the prognostications by some of your (media) colleagues that there would be one team left in Canada and everybody else would be in the

Saskatoon plan

One Canadian city that was part of the discussion is Saskatoon because the Ice Edge group would like to have the Coyotes play five regular-season games there. While some governors quietly said they weren't crazy about the plan, none seemed willing to mount strong public opposition for fear of hampering the sale.

United States. And now, the prognostication is, 'No, we've got clubs that need to move out of the United States.'

"It wasn't right originally, and it's not right now. But it's part of what we deal with."

The most notable piece of news to come out of the meetings was acknowledg-Bettman's

ment that the league would like to create a second outdoor game to be held in Canada next season. The NHL had looked at holding one at Calgary's McMahon Stadium this year, but couldn't make the timing work, according to the commissioner.

A game in the 2010-11 season would likely be played on CBC's Hockey Day in Canada. Bettman all six Canadian teams have expressed interest in participating in

"We didn't ask for a document sworn to under oath, but in the course of conversations, I think every one of the Canadian clubs has said either 'we want to host and be in it or at least be in it,' Bettman said.

THE CANADIAN PRESS

Esks coach will also run defence

CFL Head coach Richie Hall will also be the Edmonton Eskimos defensive co-ordinator next season, the CFL club announced yesterday.

Hall will take over from Jim Daley, who served in that capacity last season before stepping down.

Hall is no stranger to running a defence. He spent eight seasons as Saskatchewan Roughriders defensive co-ordinator before being named the Eskimos head coach prior to the

'09 campaign.
"I look forward to taking over the defensive co-ordinator duties," Hall said in a statement yesterday. "I'm excited to be more involved with the defence and I look forward to continue to build on what was established by the coaches in 2009."

The CFL club also named Mike Walker, a former Eskimos defensive lineman, as its defensive line coach.

THE CANADIAN PRESS

m.metrenews.ca



Scan this barcode for the most recent Sports updates on your smartphone Learn how to scan the barcode with the instructions at the top of pg 3



THE BEST GIFT? PEACE O.



With Interac by your side, shopping worry-free means more than simply enjoying ready access to your money. In the unlikely event that you experience fraud, you can also count on total loss protection. So whatever you're looking to buy, shop easy. And remember, if you have a chip card, insert it first, rather than swiping it, and always protect your PIN.

Whether you're paying in-store, getting cash at an ABM or shopping online, this holiday season we've got you covered.



Everyday Simply™

^{*} Protection applies to losses resulting from circumstances beyond your control. Some conditions apply. Read more about *Interac's* Zero Liability Policy at interac.ca. ® The *Interac* logo, the armoured truck design and "Everyday Simply" are Trade-marks of Interac Inc. Used under licence.



An Evening with Il Divo — Live In Barcelona features a 10-track CD and accompanying DVD of the show in English and Spanish versions. For more, go to ildivo.com. METRO NEWS SERVICES

Shopping Guide

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

5 great gifts for the gadget-lover

RAFAEL BRUSILOW for Metro Canada

Sometimes gadgets go beyond simple necessity and actually inspire the imagination with their creativity, practicality or cleverness. After all, what is great technology if not the truest example of human ingenuity? Here are some of

this year's coolest gadgets:

Savant

of

starts at \$6,100 Remember all that talk years ago about being able to control things like the stove and air conditioner in all parts

The Escort **Entourage CIS** powered by Black line GPS is great for the true car lover.

The uCorder wearable camcorder, below, is small enough to carry around with you. The IlaDusk women's personal safety alarm, below right, is just \$29.

> your home remotely? Well, it looks like that reality is finally more than hot air behold the Savant, a unified console that can link to your wireless Apple device and lets you control all the important stuff in your home from one place, or even anvwhere in the world. Yes, you can whip out your iPhone in

Paris to turn down the heating in your empty Canadian condo. Pull up a picture of a particular room in your home and control

> cific room like lights, securisystems and

things in

that spe-

even your stereo system remotely. It's not cheap, but for the people drooling over it, price will probably be no obstacle to getting this thing.

uCorder wearable camcorder

590-\$120 Tiny and convenient, the is uCorder а nifty little camera video actually carry around with you so alert you contained text message in text message in you'll be ready to tape text message in your car gets broken into or a your can then of just wishing you had brought your large clunker along. Measuring 3.5-inches tall, 1-inch wide and 0.5inch thick, it's definitely one of the smallest video cameras around. It easily fits into a shirt pocket or clips to a lanvard and can even be pinned to clothing for your next bungee jump. Records in standard AVI or audio-only WAV file formats and available with 1 or 2 GB of memory.

Escort Entourage CIS powered by Blackline GPS

subscription fee

worrier-abouter), the Escort Entourage CIS is a satellite-capable tracking device that lets you get a handle on where your car is at all times, track it remotely online or on your smartphone, and eventually send the authorities

track its location in real time on Google Maps or Microsoft Earth. Pretty nifty for also keeping tabs on where your teenage son is actualtaking the car when he says he's heading to the movies -- and you can even tell how fast the car is being driven. Turn it on or off using your own wireless key.

personal safety alarm **\$2**9

Named after the Sanskrit goddess of speech, this alarm emits a high-decipiercing female scream when activated that is loud enough to disorient an attacker and command the attention of anyone nearby, to help

prevent a sexual assault. Unlike other alarms. this one is stylish and sleek when it attaches neatly to a keyring or clipped to the outside of handbag, meaning women will be far more likely to have it at

> The Panasonic Pro-Curve 4-blade men's shaver can be used for wet or

hand when needed which can make all the difference.

For guys Panasonic Pro-Curve 4-blade men's shaver

For the guy who wants to pamper his face (and has the cash to do so), the Pro-Curve has four nano-technology shaped blades and can be used for wet or dry shaves with its wicked-fast 14,000 rpm motor. A builtin sonic vibration cleaning mode, pop-up trimmer, illuminated LCD screen, 45minute continuous charge and ready for universal voltage (100-240V) no matter where you travel, despite the expense, it's hard to find a more capable and satisfying shaver.





Miller Jacket, \$128, by Stella McCartney for GapKids and babyGap. For more, go to gapcanada.com. **METRO NEWS SERVICES**



Holiday Shopping Guide

Music to their ears

KEITH CARMAN for Metro Canada

Christmas shopping is fun but there's always the inevitable freak-out: What

the heck am I gonna buy (Insert Name Here)? Luckily, you've got music on vour side.

For many, music is actually at the top of their wish list. With others, it's a safe, keep-on-giving bet ... provided you know their aural tastes. Regardless, navigating music store shelves can be daunting, with the thousands of albums released this vear. That's why we here at Metro compiled what we believe to be some of the strongest releases of 2009. Hopefully they'll give you ideas and your beloved audiophile endless holiday cheer.



Pop Britney, Beyoncé and Pink released albums in 2008, so this year has seen more touring than new music from the major pop sensa-

tions. Still, one could

do worse on the PG Richter scale than to pick up **Hannah Montana**'s latest album 3 (Walt Disney Records). If your kids prefer her sans a.k.a.. Milev Cyrus The Time of Our Lives (Hollywood) was noted as a strong affair, as was The Jonas Brothers' Lines, Vines And Trying Times (Hollywood).

Rock

For beneficiaries above driving age, surf the rock section. Back for another instalment of anthemnic tunes, **Bruce Spring**steen issued his 16th album Working On Dream (Columbia), garnering a Number One slot on sales charts. Similarly, Irish rockers U2

> with 12th effort No Line On The (Inter-Horizon scope) and former grunge boys Pearl Jam's ninth Back**spacer** (Monkeywrench) hit the mark as well.

had their own chart-topper

Holding up the independent world, alt-country crooner Neko Case's Middle Cyclone (Anti/Epitaph) simply rocked reviewers

Rockers will flip at AC/DC's collection Backtracks



Extreme

As for metal, did Metallica's Death Magnetic (Elektra) reign supreme? Not exactly. It sold well, but in terms of value, rivals Megadeth out-metal their colleagues with **Endgame**

(Roadrunner). Still, they're both no match for thrash metal giants Slayer ravenous, could-scare-the-

heck-out-of-Stephen-King fair World Painted Blood (American). Back home, Toronto-based outfit Sacfrom a 15-year silence to woo headbangers universalwith their newest The Ones I Condemn (Sonic Unyon).

heartbeat away from metal, punk was just as this year. were a active There plethora of great records, but Winnipeg's political activists Propagandnailed us to the wall on Supporting Caste Welcoming Committee), a rousing blast of expedient music with intelligent messages. On the lighter end of the the

spectrum, renowned pop/punkers Green will bring

smiles to greenhorn/curious punk fans with acclaimed their rock opera 21st Century Breakdown (Reprise).

Country

Is that special someone more line dance than head bang? No worries. Old country held its own this vear: Brooks & (Cowboy Dunn Town, Arista Nashville), Hank Williams Jr. (127 Rose Avenue. Curb). Rosanne Cash (The List, Manhattan), Randy Travis (Around The Bend, Warner), Reba McEntire (Keep On Loving You, Starstruck) and Strait George MCA (Twang. Nashville) all released albums worthy of their

heroes who try won't be mentioned here.

Box sets

Something a little more glamorous is necessary? Fear not. 2009 has some of the greatest repackaging in history. Rockers will flip their wig (pun hopefully not intended) at Aussie mainstays AC/DC's Backtracks (Columbia), a collection of album and live rarities spanning their housed in an amplifier-shaped case and boasting too many bonuses to compre-

A jaw-dropping "wow" is inevitable indie rock with founders The Pixies' debut box set Minotaur (4AD). It features 24K gold-plated CDs of their encatalogue, video discs of performances and more. For the diehard, a limited edition has all the music on vinvl, 72-page hardcover book and

housed in, get this, custom clamshell.

audio cheer.

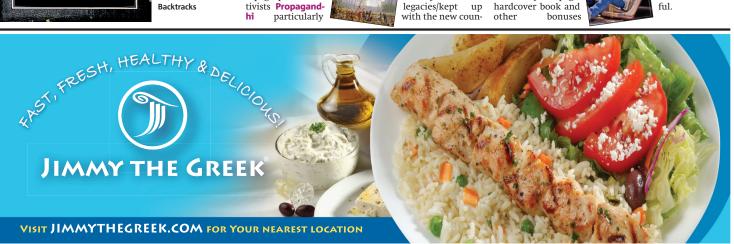
loved ones

Not to be outdone, The Beatles have their own collection for the discerning music fan this year. **Stereo Box** (Apple/EMI) finds the Fab Four in, well, stereo. Each of their 15 studio albums has been digitally re-mastered/packaged with album art, liner notes, rare photographs

and short documentary films. If that's a bit much, no sweat. Re-mastered versions of each album will also be sold individually.

These are but a few examples of 2009's wonderful onslaught of music for all tastes. Yet it might make navigating music store shelves — and employees - a little less stress-







Starbucks Christmas Blend (a.k.a. Starbucks Holiday Blend) is available in 1 lb (\$17.95) and 1/2 lb (\$9.65) bags. Available at Starbucks locations across Canada. METRO NEWS SERVICES

Holiday Shopping Guide

The year's best in beauty gifts

JANINE FALCON for Metro Canada

Smoother hair, stronger and longer lashes, brighter eves, better skin - it's been a good beauty

Here's what's tops in 2009.

That what you consume can boost your beauty is a given, but busy lives and stress interfere with our good-eat intentions. Genuine Health Healthy Skin Chocolate Soft Chews (\$24.99/45 pieces) and GliSODin Skin Nutrients Advanced Daily Formula supplements (\$95/60 capsules) each significantly improves skin with nutrient-rich natural ingredients. For retailers, go to genuinehealth.com and glisodinskin.com.

The eco-responsible, silicone-free Live Clean Exotic Nectar Moroc-

can Collecstrengthhair and ramps up shine with argan oil and certified-organic olive

and grapeseed oils. From \$6.99 at Shoppers Drug Mart.

Also making siliconefree waves in fuzz-free hair care and styling, the key Living Proof No Frizz ingredient, PolyfluoroEster, improves hair's own frizz resistance, and repels surface water, oils and dirt so you shampoo



Formulas target fine-tomedium hair, medium-tothick hair and thick-tocoarse hair. Available for \$26 each at Sephora.

Another anti-frizz help-

ing hand, the nubby microfibre Hand Dry Hair Glove sucks up moisture right quick to help shape

smooth curls and waves sans blowdryer. Available for \$22.95 per pair at delineation.ca.

The cleverly woven

Upper Canada Ultimate Body Sponge shower puff has a loofah-style side to buff away dry skin. live clean Available for \$5 at tweedandhickory.com.

Dove Moisture **Nourishina Bodywash** takes steps toward more natural beauty care with moisturizing ingredients such as natural stearic acid, soy-bean oil and

glycerin. Available for \$6.99 (354 mL) at drug stores.

ARGAN OIL

Kiehl's Açai Damage-Repairing Skincare, the company's first 100 per cent natural-origin line, use the super-anstyling treatment tioxidant organic açai berry to improve all aspects of the ééinit les boucles elles cheveux ondulés traitement coiffant non frisant pour cheveux épais à très épais complexion. Available for \$35 to \$65 at

Lancôme Génifique Activator Serum rewinds to less aged

bou-

for

Living proof."

118 mLe 4fl oz.

Kiehl's

kiehls.com

other retailers.

tiques; log onto

times by stimulating production of specific "youth proteins" to rejuvenate skin. Available for \$92 at Sephora. department drug and stores.



Wrinkle Cream, which uses non-irritating peptide technology to reverse signs of aging. Available for

\$50 at drug stores.

Physicians Formula continues to blaze the mass green trail with gentle and effective as well biodegrade-

able Organ-100% Natural Origin Facial Makeup Remover Towelettes.

Available for \$13.99 Shoppers Drug Mart. Oil-free

powder Smashbox Camera Ready Full Coverage Foundation contains silica beads

cream-to-

deliver smooth, semi-matte finish that doesn't look heavy, and won't do the winter freeze-and-melt or your face. Available for \$44 at

Mart

Sephora. Deep, dark under-eye circles have a new hide-'em hero with Conceal Camouflage Concealer,

Shoppers Drug

which has a little orange in the mix to temper shadows without looking ashy. Available for \$27 at Shoppers Drug Mart and

> stores. Accessible, eco-minded Roots stores);

mogo

take advantage of a big sale! borrow up to \$1500 instantly!



mogomoney.com

» 9 out of 10 approved

Les Saisons Lingerie



Located in West Edmonton Mall Upstairs near the Ice Palace · 780.444.4992

Give her a gift that she can appreciate everyday!

Did you know that 8 out of 10 women are wearing the wrong bra size? We offer free bras fittings with bras in 30-42, A-K.

Gift certificates are available.



'What's the best makeup for my eye colour?" L'Oréal Paris Wear Infinité Made for Me Naturals Eye Shadow Quads (\$10.95 each) and CoverGirl Exact Eye Enhancers Shadows (\$6.99) join Almay and Physicians Formula with accessible and affordable palettes to spotlight your natural hue. Both are available at drug and mass retailers.

Joe Fresh Beauty may well be the most successful marriage of sophistication and affordability beauty junkies have seen so far. From \$4; go to joe.ca for locations.

The luxuriously emollient Yves Saint Laurent Gloss Volupté Sheer Sensual Gloss Stick is the year's Most Covetable for beautyaddicts everywhere. Available for \$35 at Holt Renfrew and The Bay flagship

fragrance — how sweet the smell. Try these: **Roots** Source Bamboo or Red Tea eau de parfum, both formulated with corn-based alcohol (\$35 for 30 mL at Nautica Oceans — it's for him — is biodegradeable and waterbased (\$57 for 50 mL at department stores); and The **Body Shop Love Etc.** is made with communitytrade alcohol from organic sugar cane (\$24 for 30

Moxie Girlz Art-titude dolls, \$14.99-\$34.99, include accessories and clothing that girls can custom-design. Available at major retailers across Canada. METRO NEWS SERVICES



Holiday Shopping Guide

Grooming gifts for him

JANINE FALCON for Metro Canada

Guys, don't even try to pretend you wouldn't appreciate quality grooming products as a gift — at least it would save you shopping for yourself.

Here's a round-up of great-hair and great-skin stuff to put on your holiday wish list. You know you want it.

Get your morning tingle here: L'Oréal Professionnel Homme Energic Ice Mint + Ginseng Shampoo. Wakey, wakey! Available for \$14.50; go to lorealprofessionnel.ca for salons.

We know you love a multi-tasker: Fruits & Passion F/P Homme 003 Shower Gel Hair and Body is a hair-to-toes deal. Available for \$15 at Fruits & Passion boutiques.

The Gillette Scrubber is a manly shower puff so you can get your scrub on. Available for \$4.99 at drugstores. For revved-up dry-skin sloughing, try the Dermalogica Ultimate Buffing Cloth

with shower gel, then lotion up — no joke — with-

in three minutes of towelling off. Available for \$24; go to dermalogica.ca for retail-

Consonant
Body Pure Unscented Organic
Foaming Face
Wash and Body
Lotion might answer your skin's
call. Available for
\$18 and \$22 at The
Bay, select Sears
stores and con-

Oxy Acne Fighting Face Formula Face Wash is part of a whole facial grooming

sonantbody.com.

line that helps put the kybosh on breakouts. Available for \$11

ORÉAL

HOMME

at drug stores. The Art of

Shaving and Gillette teamed up to produce the high-end Fusion Chrome

Collection
Power
Razor,
with micro-pulse

action

for better glide and a spotlight to show up those

hard-to-

spots. Available for \$150 at Harry Rosen and Holt Renfrew.

Good for your hair and environmentally responsible: David Babaii for Wildaid Volcanic Ash Sculpting Clay, \$13 at Sears or DB4Wildaid. com.





can i send the gift of money worldwide online?



Enjoy the convenience of sending the gift of money online to family and friends around the world.

Available on online transfers under \$1,000 at Scotia OnLine® Financial Services.

scotiabank.com/westernunion



* NADDITION TO THE TRANSFER FEE, WESTERN UNION ALSO MAKES MONEY FROM THE EXCHANGE OF CURRENCIES. Money transfer fee of 59 plus 1% of principal is applicable to money transfer less than \$1,000 on consumer to consumer Western Union Money Transfer transactions initiated through Scotia Ord.ine* Financial Services which is provided by The Bank of Whos Scotia Criscotalania, Free are seatived in charge of the strength of the Scotial Services which the services which is provided by The Bank of Whos Scotia Criscotalania, 20 2009 Western Union Money Transfer transactions in the services which is provided by The Bank of Whos Scotia Criscotalania, 20 2009 Western Union Money Transfer transactions in the Scotial Services which is provided by The S

Careful with those holiday treats near your pets

In a snapshot of a home decked out for a holiday celebration, trimmed trees adorned with lights and tables laden with treats are typically part of the scene.

But while festive decor and tantalizing edibles offers an undeniable feast for the senses, they may also serve as potential hazards to those of the four-legged variety.

Dr. Julie de Moissac, president of the Canadian Veterinary Medical Association, says a number of seasonal staples would be better kept away from the paws of pets as they could lead to possible illness — or worse.

Among them are table scraps, like chicken, turkey, bones and gravy, said the mixed animal practitioner.

"Often times, pet owners are really good about not doing that, but it's the relatives that come over and they see the poor dog and they think they're doing it a big favour by giving it little tidbits from the table," she said from Outlook, Sask.

"Often times, they're too fatty for dogs and they cause stomach upset at best, or bone issues in the digestive tract would be the worst."

Chocolate can also be quite toxic to animals, she

"That seems to be in abundance over the holidays and dogs love it and they will eat it if they have the opportunity, so you have to be quite careful."

Xylitol, a low-calorie artificial sweetener found in some baked goods, can lead to liver injury or sometimes liver failure, she said.

The CVMA also recom-



Holiday treats could cause potential harm to your pets

mends keeping alcohol Vomiting, and bottles out of reach. pression,

Vomiting, wobbly gait, depression, disorientation

and/or hypothermia are all signs of intoxication in

ll pets.

Some hints for first-time holiday dinner hosts

Remember to honour important or fun family traditions; If you want to do something new, introduce it along with the more traditional aspects. If you are cooking, stick to the tried and true. Don't choose this time to try out a new recipe. SYLVIA PUTZ/FOR METRO CANADA

Metro Homes



Dinner decor

Only decorate your nome for your Christmas dinner in a few key places. To minimize work, stick to visible areas, like the mantel above the fireplace, stair railings, and the Christmas tree.

EDITOR: DOUGLAS.DUNLOP/AMETRONEWS.CA

A decade of changing decor

Homes go practical and casual in 2000s

Goodbye to the armoire and the dining room (in many cases, the living room, too). Hello to the home office.

Repurposed rooms, recycled materials and an increasingly relaxed decorating style characterize the end of a decade that began as a party on a grand scale.

These are among the home decor trends cited by experts as the 2000s draws to a close.

Over the past 10 years, the formal living room in most homes has been reinvented — it's now a library, workspace, perhaps a music or game room.

The most well-liked

rooms now are the home office, mud room and media room, the survey indicated. What we don't want so much anymore? Three-car garages, guest rooms and formal living rooms.

Some trends over the past 10 years:

Living large

At the start of the 2000s, many jumped on the real estate thrill ride. McMansions, gobblers of space and energy dollars, became ubiquitous. Now, we're rethinking how we live, says Jennifer Boles, founder of The Peak of Chic design blog and contributing editor to House Beautiful. Oversize furni-



Seen here are some of the trends that came along this decade.

ture like sectionals and big coffee tables, popular at the start of the decade, are scaled down.

However, one oversize space remains popular:

"The spa bathroom is the new two-car garage — a must-have if you ever want to sell your home," says Homegoods' Philip Tracey. Living al fresco "The outdoor room's really been one of the biggest changes. Everyone has an outdoor space now, even if it's tiny," says Elle Decor's Cheminne Taylor-Smith. "With seating, dining, even kitchens and sleeping pieces, these rooms are treated like their indoor counterparts." Living green

After a long fallow period, gardening took off in the past few years. From containers to victory gardens, we've got our hands back in the dirt. We're concerned about the provenance of produce, and about our carbon footprint. We're putting down less pesticide. More of us are composting.

Living relaxed

We've loosened up. It's OK to have the computer

Other hallmarks

 Stainless steel appliances, granite counters, mid-century modern furniture, media furniture, home theatres, Craftsman style, ottomans, wallpaper, cherry cabinetry, low-profile home entertainment systems (flat screens, mini speakers), less-is-more window treatments, high pigment one-coat paints.

and TV in the heart of the home. There's been a shift toward a more practical, casual lifestyle. As designer Mark Hampton says, "Real comfort, visual and physical, is vital to every room."

Suites of furniture? Passe. Untouchable formal rooms? Over. We're comfortable mixing and matching, THE CANADIAN PRESS



WHAT SETS OUR NETWORK APART?

IT'S PROVEN.



How do you define reliability? Most Canadians agree it's about proving oneself over time.*

Rogers rolled out Canada's first GSM network in 2001, and we've continued to fine-tune and perfect it ever since. Today, independent researchers routinely test-drive our network for voice and data performance, confirming our reputation as Canada's reliable network.

So it's no wonder over 8 million customers count on us for their wireless needs. Because there's only one proven network in Canada: Rogers.

CANADA'S RELIABLE NETWORK.

Visit rogers.com/reliable for details.

*According to an independent consumer survey conducted in November 2009.



26 metro homes

Another tip for first-time holiday dinner hosts

If needed, order the foods now that you may not find later in the week, such as a honey-roasted ham or fresh turkey.

If you are ordering in, plan the menu and order the food. SYLVIA PUTZ/FOR METRO CANADA

Lessen your dinner hosting stress



osting Christmas or holiday dinner for the first time can be a terrifying prospect to newbies. Heck, even if you've done it before, the notion can make you weak in the knees!

It is, after all, not to be taken lightly. It is an event, a marathon to some. But it doesn't have to be.

First of all, realize the whole affair can be very stressful, so take the time to make it as easy as possible. Even now, mere days before the event, take the time and plan out the event. To help you plan effectively, here are some points to consider:

• Finalize the number of guests that you will have, and decide how much you want to spend.

• This will lead you easily into a decision on how

you will serve your meal—formal, buffet, sit-down casual or an eat-around-the-house kind of dinner

- From there, decide on the logistics. How many chairs do you need? Is the table large enough? Etc.
- Are you planning a potluck? If you are entertaining a large group, a potluck may save you. If



Planning is key to getting your holiday dinner off without a hitch.

you decide on a potluck, plan your menu and ask guests to bring a particular category of food, such as a salad or appetizer.

- Do not hesitate to ask for help. Ask your sisterin-law to help you decorate your house in style. Phone your brother to help you move furniture. Enlist the family teenagers to do cleanup duty. Designate a turkey carver.
- About a week ahead of time, start shopping for the non-perishable items you need, like mineral water, alcoholic drinks, coffee, tea, plastic containers for leftovers and so on.
- Finalize the menu and shop for perishable items

Service Directory

a few days before. Cook ahead as much as possible. Complete last-minute cleaning and decorating, such as preparing a simple centerpiece for the table, perhaps with coloured balls and a glass

• On the day, finish your preparations in the kitchen, set out the table, and hop into the shower. Then deck yourself out in your best holiday gear, put on the Christmas music, and have a drink. Enjoy that peaceful moment, because you'll soon be engulfed in Christmas cheer. Whew!

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.





Solid pine beds with ladders and other fun accessories.

Mattresses sold separately



Christmas is just around the corner. Konto has an amazing selection of items in stock to make your home's decor fresh and festive! See us today!

Northside Edmonton... 13030 St. Albert Trail, 780-488-6494 Southside Edmonton... 6120-99 Street, 780-437-1535 Camrose... 4879-68 Street, 780-672-6054

kontofurniture.ca





monday-wednesday 10thursday 10-9 friday 10-6 saturday 10-5 sunday 12-5

To advertise call 780-702-0592

FINANCIAL

\$500\$ Brokerst loan service

by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.

Call toll free: 1-877-776-1660 www.moneyprovider.com CHILD CARE

CHILD CARE WANTED

Looking for full time live-in caregiver Preferably with experience for \$10/hr

Email resume to azngirl24@gmail.com

Apartment Finder

To advertise contact Yvonne Markey at 780-701-0347

realstar management

UNDER NEW MANAGEMENT

PARK SQUARE APARTMENTS 10001 BELLAMY HILL

1+den & 2bd air conditioned suites with in-suite laundry, and modern décor. Heat and water included, fitness facility. Convenient downtown living!

780-423-3540 | www.realstar.ca



GARNEAU TOWERS APARTMENTS

8510-111TH STREET | EDMONTON, AB CALL NOW: 780•432•1894

\$500 OFF YOUR SECURITY DEPOSIT
Bachelors from \$929
One Bedrooms from \$1049

One block to University of Alberta

- Ten minutes away from downtown
- Minutes away from Whyte Avenue
- Amenities at your doorstep



www.caprent.com

For the latest information, visit us at gm.ca, drop by your local Pontiac Buick GMC Dealer or call us at 1-800-GM-DRIVE; \$1,000 holiday bonus cash is a manufacturer to dealer delivery credit (tax exclusive) available on all 2009/2010 Pontiac Buick GMC credit only. 0% purchase financing available for 7260/36 months on 2009 Pontiac 55 (1SM)/XIbe (1SQ), Dobwn payment and cost of borrowing will vary depending on amount borrowed and down payment and cost of borrowing will vary depending on amount borrowed and down payment and cost of borrowing will vary depending to a straight of the selection of 2009 Pontiac Buick GMC bell of 150, Dobwn payment and cost of borrowing will vary depending to a straight of the selection and the selection property. Or State acts as a link to bestiting energency service and GPS assessment Program (MCAP). For more information on safety ratings, go to www.safercar.gov, ‡1 OnStar services require vehicle electrical system (including battery), wireless service and GPS and the services require vehicle electrical system (including battery), wireless service and GPS assessment Program (MCAP). For more information on safety ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (MCAP). For more information on safety ratings, go to www.safercar.gov, ‡1 OnStar services require vehicle electrical system (including battery), wireless service and GPS and the services required in the OnStar Lower's GMCL. will payment required. And the safety of on MGAPS are all monthly only payment infrance gramment with GMAC and subject to GMAC credit approval. License, insurance, registration and administration electrical may be payable upon signing. Program not available to recipients of any previous GM statematical payment of services required to the service service and the payable u

MORE GO. LESS DOUGH.



2009 PONTIAC G5 **SE |**

Coupe or Sedan

INCLUDES • 155 HP 2.2L ECOTEC® VVT Engine • Air Conditioning

• Power Windows, Door Locks and Mirrors • 60/40 Split-Folding Rear Seatbacks • Driver and

Front-passenger Frontal Air Bags • Head Curtain Side-impact Air Bags • Auxiliary Audio Input Jack



2009 PONTIAC G3 WAVE SE

INCLUDES • 106 HP 1.6L 4-cyl. DOHC Engine • Air Conditioning • Power Windows and Door Locks
• Power Sunroof • Remote Keyless Entry System • Cruise Control • OnStar® with 1-year of the Safe & Sound Plan^{tt} • Auxiliary Audio Input Jack



2009 PONTIAC VIBE

INCLUDES • 132 HP 1.8L 4-cyl. VVTi Engine • Auxiliary Audio Input Jack • Standard CD player with AM/
FM, Clock and Equalizer • 60/40 Split-Folding Rear Seatbacks • Driver and Front-passenger Frontal Air
Bags • Head Curtain Side-impact Air Bags • 4-wheel Disc Brakes with ABS and Brake Assist • OnStar®
with 1-year of the Safe & Sound Plan*

FOR FREIGHT & PDI INCLUDED MONTHS†

PLUS \$1,000[‡]
HOLIDAY BONUS



FOR 6 MONTHS†

PLUS \$1,000 HOLIDAY BONUS



FREIGHT & PDI INCLUDED

PLUS \$1 000‡

HOLIDAY BONUS

HWY: 6.2L/100 km (46 mpg)
CITY: 7.8L/100 km (36 mpg)*



 GM

OLIDAY GIFT ALBERTAPONTIAC.COM







Esprit's spring/summer 2010 campaign will feature Daisy Lowe, daughter of vocalist Pearl Lowe and Bush front man Gavin Rossdale as well as model Julia Restoin-Roitfeld, the daughter of Carine Roitfeld, editor-in-chief of French Vogue. METRO NEWS SERVICE

Stvle



Moore models for Bulgari

With four Oscar nominations to her name, Julianne Moore can now add jewelry model to her already-impressive resume. The famous redhead will appear in Bulgari's spring/summer 2010 jewelry and watch advertising campaign. Shot by famed photographers Mert Alas and Marcus Piggot in a Beverly Hills house, Julianne models 115-carat Colombian teardrop emerald earrings, Serpenti snake bracelets and the label's new "Chandra" bag in chestnut and Prussian blue leather, according to Bulgari.

Esprit's celebrity campaign

It'll be a blue 2010

Pantone picks turquoise as next year's hottest shade

If colour is any guide, we'll be moving into vacation mode in 2010 with the world awash in tropical turquoise, forecasters say.

Turquoise was selected as the colour of 2010 on vacation," by Pantone, a company that supplies and tracks colour for fashion and home decor. among other industries. Fashion insiders agreed the transporting, you're actually going to a recolour is on the rise.

'Turquoise is universally appealing. It puts everyone in the same state of mind —

Chateau stores. says Jane Schoenborn, design director at Lilly Pulitzer. "Turquoise for us is a really big colour. A lot of times it's

Leatrice Eiseman, executive director of the Pantone

encased geometric stone stretch Color Institute, says there was no runnercuff (\$29.95). up to turquoise in her mind Available at Le because people crave es capism and freshness whether tough year. The shade is on sort destination or not.' the cusp of blue and green, which makes it both inviting

and serene — characteristics associated with blues — and invigorating and luminous, which ABOVE: Jacquard comes from green, sparkle pashmina she says.

"Transporting" Le Chateau stores. was a word many used for turquoise, a shade that takes designer Tommy Hilfiger to the beach, espe cially the Caribbean, St. Tropez, France, or Southern California, which served as the inspiration for his newest collection. In jewelry, he thinks of the American Southwest, or Central or South America.

"The women in my life wear it on vacation and it looks great with a suntan at

the beach," Hilfiger

. (\$22). Available at

says the public is shifting gears as the econo-

She also notes that in many cultures turquoise is considered a protective colour with people wearing the blue-stone jewelry almost as a talisman. "You often hear it attached to words like 'healing."

THE ASSOCIATED PRESS

Pantone's colour

Available at

for 2009 was mi-mosa yellow, in-tended to carry a hopeful, optimistic message. Eiseman

my shows some improvement: They are ready to fantasize a bit about the beach



CHRISTMAS SALE **Tall & Oversize Clothing**

780.436.0714

3156 Parsons Road (99 St.) www.addettomenswear.com



RECOMMENDED BY METRO READERS

Top 5 Chiropractors

Heritage Lane Chiropractic

've been going to Heritage Lane for year. I wouldn't trust anyone else!'

d Dr. Greg Stiles

"Dr. Stiles compassion and expertise is unsurpassed."

de Carolyn Zimmerman

'A miracle worker in health. Helped me many times."

South Side Chiropractic Very knowledgeable and friendly.'

de Helwig Family Chiropractic and Carla are 2 of the best chiropractors in town."

Visit metronews.ca/gigpark for thousands of reader recommendations





Fashion puts the zipper on display

An open zipper is an em-barrassing faux pas, but an exposed zipper is all the rage.

The utilitarian garment closure is suddenly in the spotlight as a decorative trim on accessories.

The Ugly Betty of the notions family, the zipper, with its garish metal teeth, was never admired like the button, its close cousin which performs a similar fastening function and is proudly on display for all the world to see.

Even the zipper's birthplace is uncertain. It is often claimed to have been invented in Canada by Swede Gideon Sundback, who patented a fastener design in 1917 and manufacthem in Catharines, Ont. Evidence exists, however, suggesting American Elias Howe held an earlier patent (1851) on a gizmo resembling the modern zipper.

While fashion readily embraced the design for its modernity and practicality, the zip was always hidden by plackets and folds of fabric. In the past few seasons, it was Lanvin designer Alber Elbaz who left the closures uncovered on his beautiful silk frocks, showing off the industrial-looking metal



This red clutch with zipper-lined flower is \$138 from Aldo.

track like an exposed spine. Now it appears that fash-

ion is having a full-blown affair with the now-fashionable fastener and embracing it for purely decorative purposes. Suddenly those jagged little teeth are a thing of beauty.

Zippers are now folded

and furled as pretty rosettes on a necklace or tied into pretty bows for your hair. They even outshine their functional counterparts on boots, snaking seductively around the foot.

No longer just a zip, they've got sizzle.

TORSTAR NEWS SERVICE

HIGH SHINE



SNAKE BITTEN STYLE

Sexy without the venom



Editors' Pick

BALM SHELTER



Kiehl's Imperial Body Balm (\$54)

This body balm looks like buttercream frosting. Spread it on parched skin and the results are just as mouth-watering. Following an old Russian recipe for winter-whipped skin, Kiehl's blend of hydrat-ing sea buckthorn berry oil, shea butter and honey undoes dryness and damage from wind and plunging temps.



Gyllenhaal and Witherspoon could be done

The rumours appear to be true. Jake Gyllenhaal and Reese Witherspoon are no longer together, according to Gossip Cop, a Web site dedicated to confirming or debunking tabloid tales. METRO WORLD NEWS

Wedding bells? Entertainme ing the Inglourious Basterds actress

Hetfield donates land for preservation

PEOPLE Metallica frontman James Hetfield is donating 135 hectares of land near his home for preservation as farmland.

The Marin County Board of Supervisors unanimously accepted the donation

Enter to win

1 of 5 Nokia E71

smartphones.

Tuesday. It follows Hetfield's earlier gift of more than 160 hectares.

Hetfield's consultant, Scott Hochstrasser, says the donations reflect the singer's desire to maintain privacy and preserve open space. Meanwhile, county officials say they are close to is expected to cost the county more than \$200,000 US.

a deal that would reroute a hiking trail that crosses Hetfield's property. The project THE ASSOCIATED PRESS

Keys gets better

Alicia Kevs

Album: The Element of Freedom Label: J/Sony Music Rating: @@@@

THERE'S ONE musician other artists should envy



Keys. She's easily one of the most talented artists around, and continues to improve with every record. Her latest is an intensely passionate record about broken hearts, loneliness and finding strength. It might be a bit preachy, but with solid songwriting — the soaring Love is Blind is one of her most infectious tunes yet — blaring pipes and top notch piano playing, she's still far ahead of

Bryan Borzyko

Robin Thicke

Album: Sex Therapy: The Session Label: Universal Rating: ##1/2

UNTIL NOW.

Thicke has managed to create some of the most



inoffensive, yet still welcoming R&B sounds. His music was always nice, something you could play in front of your parents. His latest however, is all about doin' it. That would be all well and good if the music was as reliable as his past efforts. Songs like Make U Love Me, a stripped down, electrotinged club track with the

line "Mr. Big is in your hands" is nauseating, while It's The Mornin' or rather "sex in the morning" as he sings, is too R. Kelly for its own good.

Bryan Borzykowski/for Metro Car

Timbaland

Album: Shock Value II Label: Interscope/Universal Rating: @@@

TIMBA LAND SOUND has dominated pop music

for the past five years. Now, frankly, we're

getting a bit tired of it. Tim sticks to the same formula of synthetic clapbeats backing occasional flights of melody and autotone-tainted vocals from a revolving

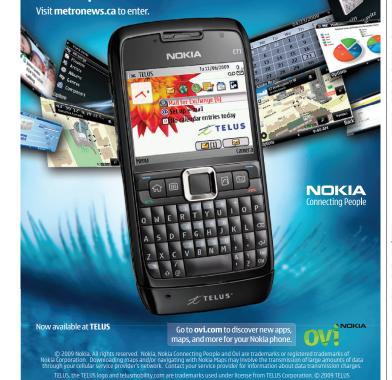


Alicia Keys sings about broken hearts, loneliness and finding strength on The Element of Freedom.

Album**Reviews** music@metronews.ca

cast of A-list pop stars. Justin Timberlake and Nelly Furtado are back, sounding pretty much like all the Timbaland stuff they've done, except without the hit potential. New dalliances with Katy Perry and Miley Cyrus would be forgettable if there was anything worth remembering about them. The interesting tracks here are the ones backed by Timbaland's little brother, rapper Sebastian, and Canadian singer Esthero. Still, it's hard to imagine this Timbaland sound continuing into the next decade without radical revision.

Graham Rockingham/for Metro Canada







y service providers. Subscri ly, paid up to a maximum m r. Visit gmstudentbonus.ca v 01/11/10. See dealer or or to Dealer or call us at 1-800-GM-DRIVE ± \$1,000 holiday bonus cash in (SMA)Aveo (1870). Down spyment and for trade may be required. Morn models, Dealer trade may be required. Dealers are free to set individual models. Dealer trade may be required. Dealers are free to set individual atturns a vary, of Le Sovernment art attings are and the National High atturns to function in Croparity ConStar acts as at link to be asket of memperors of the SMAC finance payments for finance terms up to 60 months only, or actain the or occlebrate at may previous off Metalerizing and ellery of the state of the properties of the state of the properties of the previous off Metalerizing and ellery and state and the order of the state of the properties of the state of the s w or demonstrator models, ual fuel consumption may very and operating for features the apy the first two months of m signing. Program not ava trictions apply. Not available ings. Your actual fullings. Your actual full be available and of KGMCL will pay the payable upon signand other restriction

LOW ON PRICE. HIGH ON FEATU



BEST HIGHWAY FUEL EFFICIENCY

IN ITS CLASS (EXCLUDES HYBRIDS)*



COBALT **FOR** MONTHS†

FREIGHT & PDI INCLUDED

INCLUDES • Ecotec 2.2L 4-Cylinder Engine • 5-Speed Manual Transmission • Standard CD with MP3 Playback and Audio Input Jack • 60/40 Split Folding Rear Seats



2009 CHEVROLET AVEO

FOR MONTHS[†]

FREIGHT & PDI INCLUDED

HOLIDAY BONUS

INCLUDES • Ecotec 1.6L 4-Cylinder DOHC Engine • 5-Speed Manual Transmission • Standard CD with MP3 Playback and Audio Input Jack • 60/40 Split Folding Rear Seats

ALBERTACHEVROLET.COM

60 DAY SATISFACTION GUARANTEE

NEW TOY NEW



HWY: 5.7L/100KM - 50 MPG CITY: 7.9L/100KM - 36 MPG*





CHEVROLET

A Musical Production

Free Admission

Sunday, December 20 - 3:00 & 5:00 pm

Mill Woods Assembly, 2225 66 Street

www.mwpa.com • 780-462-1515

Thursday, December 24 - 4:00 & 6:00 pm

Drama • Live Music • Candy Canes for Kids

Candle Lighting • Carol Sing • Nursery Care

In Time 1

32 entertainment Tobey Maguire has dispelled rumours he has signed up to play Bilbo Baggins. FEMALEFIRST.CO.UK Aliens of a different kind Weaver explores a different role in Avatar NED EHRBAR Metro World News **Sigourney Weaver** admits her role as Dr. **Grace Augustine in** James Cameron's longawaited movie Avatar was something new for

"It was wonderful to play someone who ends up finding her true happiness and her true home in an alien life, especially after my history with aliens," the veteran actress says with a laugh. Weaver's Dr. Augustine

serves as part of a team of humans studying the Na'vi, an indigenous people on an alien **Avatar** planet opens in whose home theatres just happens to tomorrow rest over a mother lode of minearth erals needs to fix its energy crisis.

Director James Cameron and actress Sigourney Weaver arrive at the premiere of the film Avatar

And Weaver relished the chance to play a professional woman as complex as Grace.

'Grace was a wonderful combination of qualities. She's full of authority and wit, but she's also a very conflicted person," Weaver explains.
"I admire women who've devoted themselves to the study of certain things or certain causes. Teaming up again with

Cameron, who helped cement Weaver's status as a science-fiction icon in Aliens, was a simple decision to make.

There are a lot of big movies that involve special effects," she says.

"Iim Cameron is the only one I know who understands that special effects are not for effect.

"He uses them to enhance the emotional story and to make even sharper - in this case through 3-D - the sensory experience of the audience experiencing the story."

Given the environmental thrust of the story in Avatar, Weaver admits there could have been a better place to premiere it other than London — such as the U.N. Climate Change Conference happening at the same time in Denmark.

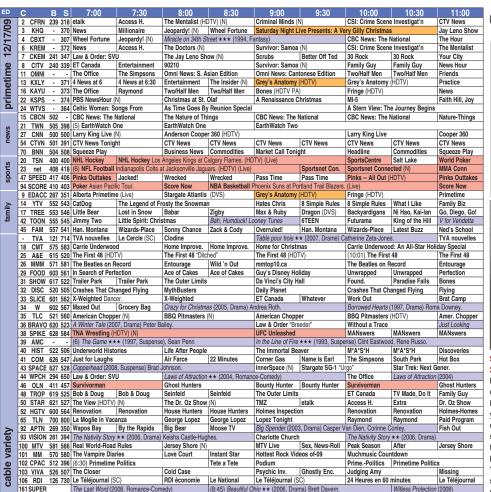
"I'm sorry that we didn't show this at the kick-off of Copenhagen," Weaver says.

"You know what I think is going to work? A lot of families will see this movie, and they'll talk about the message.'



Saturday Night Live Christmas

But will they remember to include the Coneheads and the Loopners? This new two-hour yuletide special, culled from holiday-themed sketches over the show's past 35 years, presents the ones judged to deliver the biggest number of ho-ho-hos. Your mileage may vary, but some real gems are sure to



critics'corner-

Members of the hospital staff continue to explore unique ways to deal with their grief over George's death. Arizona (Jessica Capshaw) stoops to manipulation to diagnose her pain patient. Hunt's (Kevin McKidd) amputee patient sinks deep into depression in "Goodbye." Ellen Pompeo, Sandra Oh, Katherine Heigl, Justin Chambers and Chandra Wilson also star. 9 PM on KXLY,



make the cut. 9 PM on KHQ





etronews.ca/movies

Jan Dan Custodial 17640-96 Ave Edmonton, AB

For those who want to try their hand at cocktails this holiday season and beyond, Difford's Encyclopedia of Cocktails, 2600

Recipes (Firefly, hardcover, \$45) is a great book to help you learn the basics and master the craft. THE CANADIAN PRESS

Urban Foodie

metro

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

Just follow the Red Brick road

CHRISTOPHER THRALL

EdmontonUrbanFoodie@gmail.com

Red Brick Pizza

965 James Mowatt Trail (Ellerslie and 111 Street) 780-756-9000 redbrickpizza.com

Signature Dish: Medium Italian Sausage

and Pepper (\$13.50) Dinner & drinks for 2: \$35

Last year, Canada's first

Red Brick Pizza opened in Edmonton. The casual restaurant with modern. masculine decor offers a few unique items on the menu, but the real difference is in the oven. The terra cotta stone oven fireroasts Red Brick fare at 1000 degrees for a couple of minutes. The results are healthy. crisp meals packed full of flavour that are served in a flash.

friendly server walked me through my options, then offered to bring

On the web

· Get recipes and more great food content at metronews.ca/recipes

out my medium Italian sausage and pepper pizza (\$13.50) along with my glass of Lindemann's Merlot (\$5.25). He would even wait until I was done behe fired up my bhrazani brownie (\$5).

My wine arrived quickly, followed by the pizza. The nuanced, with ripe raspberry notes fading into a drawn-out aftertaste. The loaded pizza could have used a little more sausage and a lot more cheese, but the oven had crisped the paper-thin crust perfectly. It supported my toppings without distracting from them. The pizza was delectable and easily sharable between a couple of hungry diners.

I finished with the firetriple-chocolate roasted



Medium Italian Sausage and Pepper Pizza (\$13.50)

brownie under a generous scoop of Pinocchio's chocolate gelato, and it was fully as exquisite and

Red Brickalso offers a host of healthy, heartsmart options.

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/ globalpeasant for a recipe of Stir Fried Rice-O-Rama.



Dining out

CHRISTMAS BUFFET

Creations Dining Room in the Sawridge Inn is celebrating the 12 Lunch Buffets of Christmas, For only \$14.95 per person, check out tomorrow's offering: herb crusted turkey with apple fennel stuffing or chicken medallions with spinach cous cous! Entrées change every day until Wednesday. creationsedmonton.com.

GREEK FEAST

Want a catered meal for your Christmas party at a fraction of the cost? Yianni's Mezé from any Koutouki restaurant is a Greek feast of about a dozen dishes. Let them know how many people you're planning to feed, order it to go and simply dish it out when you get home!

In **brief**

FOOD BANK Tomorrow is your last chance to drop off \$20 or 20 pounds of non-perishable food to the Centennial Flight Centre (25 Airport Road at the Municipal Airport) and enter their fantastic draw. Among many others, the grand prize is a champagne flight for six in a twin engine plane, but everybody wins when they donate all the food to the Edmonton Food Bank.



34 entertainment



Keith Urban was spotted picking holiday gifts for his wife Nicole Kidman at London's Harvey Nichols department store. He spent time at the By Kilian counter, selecting four perfumes, including the Absinthe Verte, people.com reports. METRO NEWS SERVICES

Celebrity Buzz

Madge lends Guy kids for holidays | Courtney's custody

CHRISTMAS Guy Ritchie is overjoyed to be spending Christmas Day with his children, femalefirst.co.uk

The Sherlock Holmes director - who has nineyear-old son Rocco and Malawian adopted son David Banda with singer Madonna — is going all out to make the day "traditional" and special for the youngsters after his exwife gave permission for them to spend the day at his home.

ally pleased, and cannot quite believe he and Madonna came to such an amicable arrangement. He is a huge fan of Christmas and wants to do everything by the book, very tradition-

The British filmmaker is so determined to make the day memorable, he has promised to rustle up a de-licious roast turkey lunch with all the trimmings and spoil them rotten.

The source explained to the Daily Mirror newspa-

ings hanging from under the kids' beds. under the presents tree and massive a Brussels sprouts, chest nuts. the works "When

and Guy Madonna were gether they didn't really celebrate Christmas

Madonna's staunch Kabbalah Now that he's a single man, Guy is determined to spoil them rotten and give the youngsters Christmas they'll never forget. METRO WORLD

saga continues MONEY CAN'T BUY YOU LOVE Courtney Love's lawyer says the singer losing cuswas tody of her daughter, Frances Bean Cobain, has

Breaking news: Rich celebrities spend loads of money on expensive Christmas gifts

to Newser. "Frances is 17 and a strong-willed child, and this is a decision she made on her own." Meanwhile, Love took to her Facebook page to slam her daughter in a series of posts that have since been deleted,

nothing to do with drugs,

insisting Love has "been

clean for years," according

according to Perez Hilton, writing that her daughter deceptive" "thinks she has all this money. The point is I have all the money she has." Love insists Hilton made up the post in question.



Lohan gets a legal scolding from LA judge

HE HAS THE LOHANS ON SPEED **DIAL** A judge in Los Angeles is laying down the law with Lindsay Lohan, insisting the troubled actress complete her courtordered alcohol education classes before the threeyear probation from her 2007 DUI conviction expires next July, according to Hollyscoop. Lohan was accused of violating the terms of her probation by only attending 15 of 26

alcohol classes and 13 of 28 selfhelp sessions. METRO WORLD NEWS

Paula's Idol regrets

STRAIGHT DOWN To everyone who asked, "Why in the world would Paula Abdul quit American Idol?" a few months ago, it seems that Abdul herself is now pondering the same ques-Word is. tion. bummed out and her replacement, Ellen De Generes, is absolutely the talk of the Idol set, popeater.com reports.

DeGeneres is telling friends that she can't wait for the new season of American Idol to begin in January. "She is a breath of fresh air that is so easy to work with," a friend says. "Everyone in front of the cam-

particularly Mean,' Simon Cowell, who Ellen has



n't be better for De-Generes, Abdul finally realizes what a mistake it was quit popeater.com says.

"Paula was full of opti-mism when she left Idol. She was confident she would get her own talk show and even a gig performing live on the Las Vegas strip - none of which has materialized. It's going to get worse in January when Idol is everywhere with Ellen sitting in her seat," a worried friend of Paula's tell me,"

WORLD

Kidman shuts down reporter's Scientology probe

HER CONTRACT'S NOT UP YET In an interview with BBC personality Andrew Marr, Nicole Kidman refused to talk about Scientology when asked about the controversial religion.

"One of the thing, you haven't talked about before ... Scientology, it is, a lot of people would say, a bullying cult," Marr said to Kidman.

"I'm here to publicize . Nine," Kidman responded. METRO WORLD

Celebrity tweets

Richard Branson is attacking the issues, Lindsay Lohan doesn't like running into her past, the lights are on outside but not on the inside at Jessica Simpson's house, and

teenage singer Justin Bieber will not be tied down. **@richardbranson** Good

- meetings in Copenhagen with mayors of LA, Calgary and Vancouver. Forest talks now. Lots of opportunities for Carbon War Room.
- @lindsaylohan go away ex @JessicaSimpson I have so many christmas lights outside that now my inside lights won't stay on! Ha!! Electricians are in and out of my house today.

@justinbjeher the reporter asked me is i was dating. i said i go out on dates. but nothing serious. im still sin-



Was Kate's behaviour behind A-Rod breakup?

son's desire for exposure was behind her split from Alex Rodriguez, at least according to one of his friends. "She would always want to be styled before games and she'd insist on seats," front-row source tells Us Weekly.

"It was a turnoff to have a girlfriend who always

wanted to be on camera. Alex wanted someone who was more interested in building a longrelationterm ship than just building their

profile. METRO WORLD MY PARENTS PLAYED CYNDI LAUPER AND NOW I WRITE CELEBRITY BUZZ Director Sofia Coppola and partner Thomas Mars, the frontman for the band Phoenix, are expecting their second child, people.com has con-

firmed. In a backstage interview with Chicago's WXRT, the French-born musician. seemingly surprised, nod-

STILL

SHE

ded affirmatively when asked about partner Coppola being pregnant

Pregnant Coppola plays Bach for baby

Coppola, 38, and Mars have been together for four years, and have a three-year-old daughter, Romy. Coppola was previously married to director Spike Jonze. "I heard the story that if you play Bach, babies in the womb get smarter," Mars said.



Tara Reid tells Playboy her wild days are over Blake's mom convinced he and Amy will reunite

KIDS, JUST SAY NO TO DELU-SION Amy Winehouse's

father may want ex-husband, Blake Fielder-Civil, to keep away from daughter, but Fielder-Civil's mother has other plans. "I'm convinced her and Blake will marry next year," Georgette Civil says, according

"Neither of Hollyscoop. them really wanted a divorce. I hope

that this time around, drug-free and with their families to support them, they

can work through any problems.

GRASPED THE CONCEPT OF 'IRONY' Tara Reid's hardpartying youth is over, and the star tells Playboy that she's now a mature, grounded woman who is out to show people she's not the Hollywood wild child anymore. "I'm happy

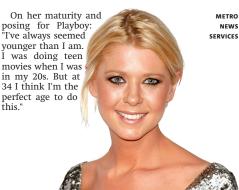
Reid tells the magazine. On her hard-partying Life in the spotlight, she says: "I've grown up a lot, and it's time for people to

with my life now, and I'd

like to keep it this way,"

see who I am. I lived a lot of years in the public eye. But if you look at me now, that's not who I am anvmore ... I'm not Girls Gone Wild anymore."

As for her new persona, Reid admits: "This is the first time in my life I can say I'm really happy. I'm relaxed. I'm a young woman with confidence ... At the end of the day I go to sleep knowing who I am ... I'm happy with my life now, and I'd like to keep it this

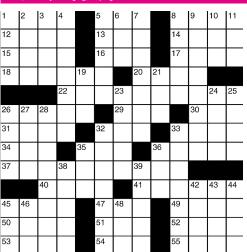






entertainment 35

Take Five



Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	5		6		7		2	
2								6
		4	9		2	7		
	4		5	7	9		8	
	9						1	
	6		4	8	1		7	
		1	7		6	9		
8								3
	2		3		8		4	

1Cold War weapon, for short 5 Rotating part 8 Undermines 12 Garment of India 13 — Khan 14 Hodgepodge 15 Lendl or Pavlov 16 Rocky peak 17 Island guitars 18 Recipient 20 McGwire rival 22 "Going Rogue" memoirist 26 "Spirit of '76" musician 29 Snitch 30 "— not choose to run" 31 Lummox 32 "You've got

mail" co.

34 Pac.

counterpart

36 "He's -

nowhere man'

35 Mrs. McKinley

this puzzle's 40 Jab 41 Top 45 Sketch 47 Singer Cole 49 Waikiki wingding 50 Meditative exercises 51 Accom-plished 52 "— It Roman-tic?" 53 Paradise 54 Commotion "Untouchables"

1 Wife of Osiris 2 Grotto

3 Cereal choice 4 Mental attitude 5 Bring the food 6 In bygone times 33 Dandling site 7 Sheriff 8 March King

role

9 High-pH 10 Dessert choice 11 "Help!" 19 Listener 37 Any of three of

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

21 Make up your

3 7 9

2 6

6 3

8 3 7

9 2

5 8 4

9 2 6

5 3 2 8 6 9

ICE CUBES

7 4 3 9

mind 23 Bellowing 24 Concept 25 Yule refrain 26 Envelope part 27 Greek vowel 28 Maximal, as a magazine ad 32 Book supplement 33 Russian citadel 35 Tattooist's supply 36 Rock concert need 38 Hawkeye

39 Surpass 42 English river 43 Without 44 Sounds of disapproval 45 Turn blue? 46 Scepter

48 Answer 11-Down

1 4 5 9 6 8 3 7 2

1 2 5

5 4 3

6 1 2

8 9 7

7 5 1

4 6 8

1 9

6 8

8 4

2 5

7 3 9

Leek & rooms are soft. Mushroom Strudel

Metro Recipe of the Day

Submitted by: Nicole Paara, Toronto, ON

INGREDIENTS: 2 Tablespoon butter

3 Cup chopped leeks (1 bunch) 500 Gram mixed mushrooms, trimmed and sliced 2 Teaspoon chopped garlic 1/4 Cup whipping cream 1/4 Cup fresh breadcrumbs Salt and freshly ground pepper 1/2 Cup grated manchego or parmesan cheese 1 Package puff pastry, defrosted 8 Ounce goat cheese, crumbled

cream

1 egg yolk

1 Preheat oven to 400 Fo 2. Melt butter in a large skillet over medium heat. Add leeks and sauté for 2 minutes or until beginning to soften 3. Add mushrooms and garlic and sauté for 4 minutes longer, or until mush-

2 Tablespoon whipping

4. Add cream and cook for 30 seconds or until cream just coats vegetables. 5. Stir in breadcrumbs and grated cheese. Season with salt and pepper. 6. Divide pastry in half and roll out each piece to a 10 x 10-inch square and place on a parchmentlined baking sheet. 7. Cover half of each square with goat cheese, leaving a 1-inch border around the edges. Top with vegetable mixture. 8. Beat together egg yolk and whipping cream for glaze and brush over pastry edges. Fold pastry over vegetables to cover. Press edges together to seal and brush top with glaze. Slash top of pastry at 2 inch intervals leaving a 2inch border on each side. 9. Bake for 20 to 25 minutes or until pastry is golden and filling is hot. **SERVES 6-8**

PREP TIME: 20 MINUTES COOK TIME: 15 MINUTES



20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at 20minute

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES MARCH 21-APRIL 20

A wonderful link from Venus to your ruler Mars urges you to put fun and pleasure before chores and responsibilities.

LIBRA **SEPT 23-OCT 23**

Friendship and love are especially well starred at the moment and a new relationship is likely to begin either today or

TAURUS

Forget about cash flow issues and focus on something that brings a smile to your face. It's time to get your life back in perspective

SCORPIO OCT 24-NOV 22

Go out of your way to be nice to people today, even people who have not always been nice to you in the past.

GEMINI

MAY 22-JUNE 21 You need to be on the move as much as possible today because the more people you meet the more opportunities will come your way

SAGITTARIUS NOV 23-DEC 21

Your adventurous spirit will find its perfect outlet today and, even better, you will share the fun with like-minded peo-

CANCER

JUNE 22-JULY 22 Others may say you are behaving in an illogical manner but don't let that change the way you go about things today.

CAPRICORN **DEC 22-JAN 20**

The intensity of your emotions will catch you by surprise today
— so imagine how other people will feel!

LEO JULY 23-AUG 23

With Mars in your sign aligned with Venus, planet of harmony, you won't have to do anything too energetic today.

AQUARIUS JAN 21-FEB 18

You will find it easier than usual to admit that you were at least partly to blame for things that have gone wrong,

VIRGO

AUG 24-SEPT 22 If you admit you need help to-day you will be overwhelmed by offers of assistance.

PISCES

such a bad thing.

FFR 19-MARCH 20 You may find it hard to make up your mind about something today but maybe that's not

This day in history

1718 – Great Britain declares war on Spain. 1862 – American Civil War: General Ulysses S. Grant issues General Order No. 11, expelling Jews from Tennessee, Mississippi, and Kentucky.

1903 – The Wright Brothers make their first powered and heavier-than-air flight in the Wright Flyer at Kitty Hawk, North Carolina.

1989 – Pilot episode of The Simpsons airs in the United States

2005 – Anti-WTO protesters riot in Wan Chai, Hong Kong METRO NEWS SERVICES

TAKE A BREAK FROM WORK

Visit metronews.ca to watch metr@tube of the day



16 new ways to make life a little easier.

ESPN Score Center

Free • Get instant scores and updates on the fly from one of the most reliable names in sports news. ESPN's personalized scoreboards let you organize by sport and team so you get the updates you want, fast.

Twittelator Pro

\$4.99 • Do you tweet? Use Twittelator Pro to send updates on the go, and bring them to life with photos and videos captured right on your iPhone.

The Sims 3

\$6.99 • The ever-popular computer game arrives on the iPhone. Customize your Sims, explore stunning 3-D worlds and experience everything "real" life has to offer.

Tom Tom U.S. & Canada

\$99.99 • Turn your iPhone into a fully featured Sat Nav with Tom Tom's expert voice-guided turn-by-turn directions, automatic re-routing, and more. It even links with your contacts list to give you directions to any address.

CBC Radio

Free • Listen to CBC Radio on your iPhone. Tap into 19 live streams and over 60 popular programs on-demand. Browse archived episodes and create a favorites list for quick access to the programs you love.

Cooliris

Free • Bring the web's most interesting photos, videos and news right to your iPhone on an endlessly streaming wall. Browse content with the flick of a finger, then share via email or Twitter.

Wine Ph.D.

\$4.99 • Go from wine novice to enthusiast in seconds. Just use your iPhone to search the Wine Ph.D. database by name, producer, varietal, region, food pairings or published ratings.

Local Concerts

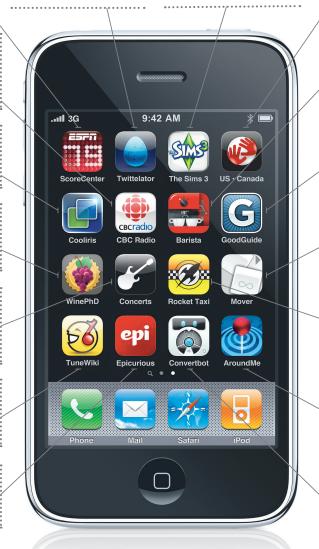
Free • Want to know who's playing tonight? Local concerts taps your music library and a large global database to notify you of upcoming shows. Browse events by date or venue, then buy tickets right from your iPhone.

TuneWiki

Free • Listening to music on your iPhone and want to know the lyrics? Tunewiki serves up lyrics to songs from your iTunes library so you can follow along as the song is playing.

Epicurious

Free • Can't decide on dinner? Get Epicurious recipes right on your iPhone. Search by type, what's in your fridge or what's in season. Then make a shopping list with the touch of a button.



Barista

\$2.99 • Let your iPhone teach you how to make coffee-shop quality espresso, even when you're at home with step-by-step directions on everything from pulling the perfect shot to pouring latte art.

GoodGuide

Free • Shop green with your iPhone. Now you can easily check the health, environmental and social impact of over 70,000 products, from food to toys, on-the-go and before you buy.

Mover

Free • Now it's easier than ever for two iPhones to share stuff. With just the swipe of a finger, you can transfer photos, contacts and more to another iPhone over the same WiFi network.

Rocket Taxi

\$1.99 • Ever notice cabs are scarce when you need one? Using your iPhone's built-in GPS feature, Rocket Taxi will find a taxi closest to you. Then all you have to do is tap to call for your ride.

AroundMe

Free • When travel takes you to a new place, AroundMe can quickly find nearby businesses from the nearest bank to the closest gas station then route them for you using your iPhone's GPS.

Convertbot

\$0.99 • Convert currency, length, mass, time and more. Convertbot's simple, intuitive interface makes conversion easy, even handling mixed units, like feet and inches.

It's amazing how much stuff you can do with an iPhone. With all kinds of apps to help with everything from shopping to gaming to cooking to tweeting. In fact, there are over 90,000 apps for just about anything, only on the iPhone.



